# A Frewell message from Americorps member, Amy Joy Robateau



may the wind be to your backs, and your vantage point be favorable.

Ten months sailed by, and I have learned the value of teams. Thank you to every NYCEM team, Social Committee club, Hurricanes and CERT member upon whose team I have served. Thank you for the grace you've shown, the spirit you shared and the encouragement to embody the NYCEM values: accountability, preparedness, response and equity.

A line is made of a series of points.
A line is a path.
Until our paths cross again,



#### MONDAY RADIO ROLL CALL

Radio Channel Bronx

**07/01/2024**Responding Borough:
Bronx

Scenario: TBD

Documents to Review:

<u>Citywide Radio Drill Refresher</u>

<u>Call signs per Radio</u>



With deep sorrow, we mourn the loss of a kind and gentle soul. Eileen LaRuffa dedicated over 20 years of service as a volunteer and founding member of Brooklyn 10/11 CERT (currently part of Division 5). She also played a pivotal role in establishing the Bensonhurst Volunteer Ambulance Corp and actively participated in the 62 Precinct Council and various other organizations within Bensonhurst. Eileen was profoundly loved and respected. Her absence will be deeply felt.

This morning, Eileen was laid to rest following a funeral mass at St. Finbars Church.

# Post Traumatic Stress Disorder (PTSD) Awareness



The NYC CERT Standard Operating Procedures (SOPs) provides guidance and outlines policies and procedures for you and your team to follow.



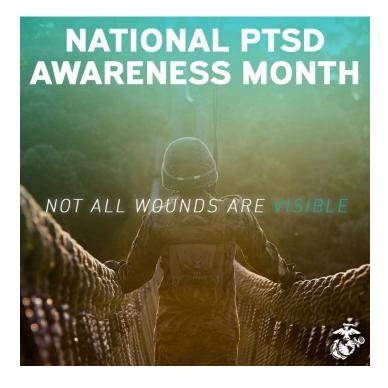
View and Download the Complete NYC CERT Basic Training Student Manual



View the <u>NYC CERT Event Calendar</u> to see upcoming training, meetings, and planned deployments.

After you participate, be sure to <u>Submit</u> <u>Your Volunteer Hours!</u>

For more questions on how to submit your service hours you can view the <u>Hours Submission FAQs</u>.



<u>Brooklyn</u> - <u>Bronx</u> - <u>Manhattan</u> - <u>Queens</u> - <u>Staten Island</u>

NYC CERT Division maps are available (pdf

format) to support recruitment and preparedness planning in your

community.

As June comes to an end, let's take another moment to acknowledge the saliency of amplifying the awareness of Post Traumatic Stress Disorder (PTSD) and mental hygiene. PTSD affects all of us.

National PTSD Awareness Day is celebrated annually on June 27. It aims to raise awareness of posttraumatic stress disorder, a mental health problem that may develop after a person has been exposed to one or more traumatic events. Compassion is paramount in helping to eradicate the invisible disease of PTSD. Read more...

Learn more about how to do your part in PTSD Awareness.

Find resources from the US Department of Veterans Affairs' National Center for PTSD that can assist in your journey through PTSD.

Not Ready to Talk? Listen. Moving America's Soul - 988



If your division is hosting or participating in an upcoming event, please complete the Event Request form to have your opportunity published through Eventbrite.com for members to register.

Your NYC CERT Ready New York Liaison can submit a <u>Ready New York Material</u> <u>Request</u> for upcoming events.



#### **Update on Material requests**

All requests will contain the following:

- My Emergency Plan 50
- Hurricane Map 50
- Notify NYC card 50
- NYC CERT card 50
- Give-a-ways will depend on availability

Note: Ready New York plastic bags and tablecloths are no longer available.



Not ready to talk about it?

We understand that every struggle is different. Experience the stories of people like you, and how they overcame crisis to find hope and recovery.

Listen to Stories of Hope and Recovery.

Find more resources at 988.

**Emergency Alerts** 

Part II: 3 Levels of Alerts: Warning, Advisory and Watch



All Divisions 1, 3, and 5 IDs are Ready



Leadership: All Division 1, 3, and 5 member credentials are ready. Also, if you have any members that graduated in November 2023 (cycle 45), please remember to schedule a pick-up, or permit them to schedule a pick-up for their permanent ID using this link: <a href="https://on.nyc.gov/CERTpickup">https://on.nyc.gov/CERTpickup</a>

If the pick-up options do not work with your schedule, please reach out to: <a href="mailto:desposito@oem.nyc.gov">desposito@oem.nyc.gov</a>

Get Notified with New York City's official source for information about emergency alerts and important city services. Download the free Notify NYC mobile app, available for iOS and Android.

A warning is issued when a hazardous weather or hydrologic event is occurring, imminent or likely. A warning means weather conditions pose a threat to life or property. People in the path of the storm need to take protective action.

#### **Advisory**

An advisory is issued when a hazardous weather or hydrologic event is occurring, imminent or likely. Advisories are for less serious conditions than warnings, that cause significant inconvenience and if caution is not exercised, could lead to situations that may threaten life or property.

#### Watch

A watch is used when the risk of a hazardous weather or hydrologic event has increased significantly, but its occurrence, location or timing is still uncertain. It is intended to provide enough lead time so those who need to set their plans in motion can do so. A watch means that hazardous weather is possible. People should have a plan of action in case a storm threatens and they should listen for later information and possible warnings especially when planning travel or outdoor activities.

Knowing the difference among the three common alerts issued by the four standard types of emergency alert systems mentioned in January's Newsletter Issue 158 is vital to being ready before an emergency. Weather can be unpredictable, sign up for alerts and have your Go Bag prepped for the unexpected.

Find the basics for a Go Bag.
Learn more about Warning, Advisory and Watch from the National Weather Service.

# **Beat the Heat Talking Points**



Extreme heat is one of the most significant hazards facing New York City. On average, 350 New Yorkers die each year because of heat.

In New York City, most heat-related deaths occur after exposure to heat in homes without air conditioners. You can stay safe during hot weather by spending time in an air-conditioned space - a few hours of relief can reduce your risk of heat illness. If you don't have an air conditioner, you can apply for a free air conditioner through the Home Emergency Assistance Program (HEAP) by calling 311 (212-639-9675 for Video Relay Services, or TTY: 212-504-4115) or visiting:

https://on.nyc.gov/HEAPCooling.

#### Indoor Safety Tips

### When the Indoor Temperature in Your Home is in the 80°s Fahrenheit

People with pre-existing health conditions such as mental illness, heart conditions, and diabetes can be more vulnerable to heat. Speak with your doctor about your risk to heat.

On hot days:

- · Close your shades or curtains to keep the sun from heating your home more during the day.
- Limit use of the stove and oven—it will make you and your home hotter.
- · Taking a cool (but not freezing) shower or bath can help cool you down.

NYCEM has developed a Beat the Heat one-pager that will be distributed to community members throughout the City to better prepare friends and family for high temperatures this summer. You may download the **Beat the Heat flyer** in multiple languages. Please share with your contacts.

### Send Us Your Photos!



Please continue to share an and all photos and videos from your NYC CERT events at <a href="https://on.nyc.gov/CERTupload">on.nyc.gov/CERTupload</a>

Please note Date (including year), Borough, Division (or team), Event, members included (if available).

If you have any questions, please contact us at cert@oem.nyc.gov. Thank you!

# **VOLUNTEER OPPORTUNITIES**

# **CERT Recruitment Event at New Dorp Library in Staten Island**

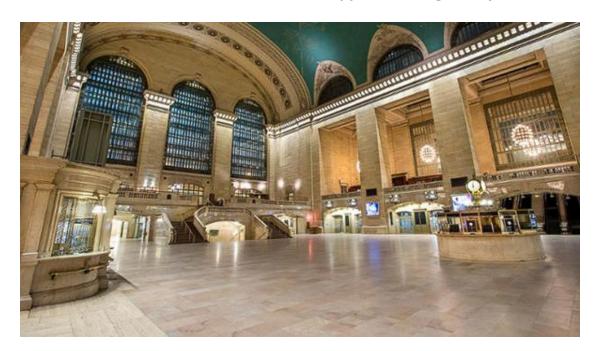


NYC CERT volunteers will be hosting a table at the New Dorp Library in Staten Island on Wednesday, July 3rd from 10AM - 2PM. Come out and join CERT Staff to help build up membership in this focus area where flooding remains an issue. Help us spread the word about cool options during heat events, especially for older adults and vulnerable populations. If interested, please click on the link to register, here:

Registration | Wed, July 3, 2024 10AM

\*\*New Date\*\*

# **Grand Central Station Full Scale Exercise Support Evening of July 12-13**



Scheduled for the evening of July 12th, Grand Central Terminal will be closed for a full-scale exercise. In past years, NYC CERT volunteers' participation helped to make the exercise a success. Volunteers can serve in a number of roles including live victims.

This form is to gauge interest from NYC CERT to determine if this is a role that interests our members. Depending on the response to this form, the decision will be made as to whether or not NYC CERT supports, so if you interested please click below!



# **Brooklyn Cyclones Preparedness Events**

The Brooklyn Cyclones have invited CERT, Ready NY and Notify NYC to table at Maimonides Park during several upcoming games. CERTs are being requested to join NYCEM staff to distribute NYC CERT recruitment materials with park visitors. Check out the dates below and register through the links provided.

Game times vary by date.

Registration | Mon, July 1, 2024 6:30PM

Registration | Sun, August 25, 2024 1:30PM

Registration | Thurs, July 25, 2024 8:30AM

Registration | Wed, Sept 4, 2024 6:30PM

Registration | Fri, August 9, 2024 6:30PM



# **Fort Totten Fireworks Show Support**

At the request of City Council member Vickie Paladino, CERT will be supporting crowd control efforts during the fireworks display at Fort Totten

Registration | Wed, June 26, 2024 5:00PM



# NY Road Runners (NYRR) Open Runs Preparedness Events

NYRR still has a number of Open Run events coming up and NYC CERT is being requested to distribute Ready New York emergency preparedness literature and discuss pet preparedness with event attendees. Check out the dates below and register through the links provided. All shifts are scheduled for 8:30am – 11am.

READY NEW YORK

Conference House Park Sat, July 14, 2024 8:30AM

Highland Park Sat, July 14, 2024 8:30AM Highland Park Support: Registration | Sat, July 27, 2024 8:30AM



July 4th Nathan's Hot Dog Eating Contest in Coney Island

As in years past, NYC CERT members will assist with traffic and crowd management.

Registration | Thurs, July 4, 2024 10AM

#### July 4th Coney Island Fireworks

NYC CERT members have been asked to to once again help support the 60th Precinct with crowd and traffic management leading up to and then following the annual fireworks show.





# 2024 National Access and Functional Needs Symposium



The California Governor's Office of Emergency Services (Cal OES), the International Association of Emergency Managers (IAEM), the Colorado Division of Homeland Security and Emergency Management (CDHSEM), and New York University (NYU) are hosting the two, half-day, online National AFN Symposium to highlight forward-leaning, inclusive, innovative practices in emergency management.

The National AFN Symposium will bring the disability community together with emergency managers, disaster planners, and first responders from across the country in an online forum to foster an environment of trust and understanding vital to advancing the mission of access and functional needs throughout the nation.

Registration | July 11, 2024 and July 12, 2024 12PM - 3PM

# **NYC CERT CALENDAR**



### **Buddy Check**

As we close out a long year of volunteering to support your community and head into a new year with new challenges, please take some time to support one another. The best way to do that is by performing buddy checks.

What is a buddy check?

Taking the time to check on family and friends, especially those unable to leave their home for any reason. You might be surprised by the impact you'll have on those who you connect with.

Report your Volunteer Hours
Search for Buddy Check Event



# Are you interested in becoming a mentor to new NYC CERT members?

All Volunteer leadership should be encouraging active members to serve in a mentor role in order to support both their growth as leaders and provide new opportunities for newer members to become more engaged.

Complete the <u>NYC CERT Mentor Program form</u> to let us know if you'd like to be a mentor or mentee. Complete the <u>Matching Questionnaire</u> to help pair the mentor to a mentee. Both forms must be filled out to participate in the program.

NYC CERT online platform includes online courses to support volunteer growth.

Schedule free training for your Division here: FDNY Smart Fire Safety.

FEMA Region 2 (R2) Webinar Catalogue includes all recorded webinars

# **NYC CERT ADVANCED TRAINING**

# **De-Escalation Series**



#### Description

The De-Escalation Series follows the <u>Employee Vigilance Through</u> the Power of Hello to help identify and navigate suspicious activity or potentially escalating situations to safely dis-engage and report to local law enforcement or their organization's multi-disciplinary threat management team.

### **Learning Objectives**

- Observe
- Initiate a Hello
- Navigate the Risk
- Obtain Help
- Resources

Registration | Tue, Aug 13, 2024 6:30PM

Unfortunately, due to low registration this training is cancelled. Moving forward, Point to Point Radio training will only be provided quarterly to provide new graduates the opportunity to pursue this pathway. If you have any request for your Division please let you leadership know.



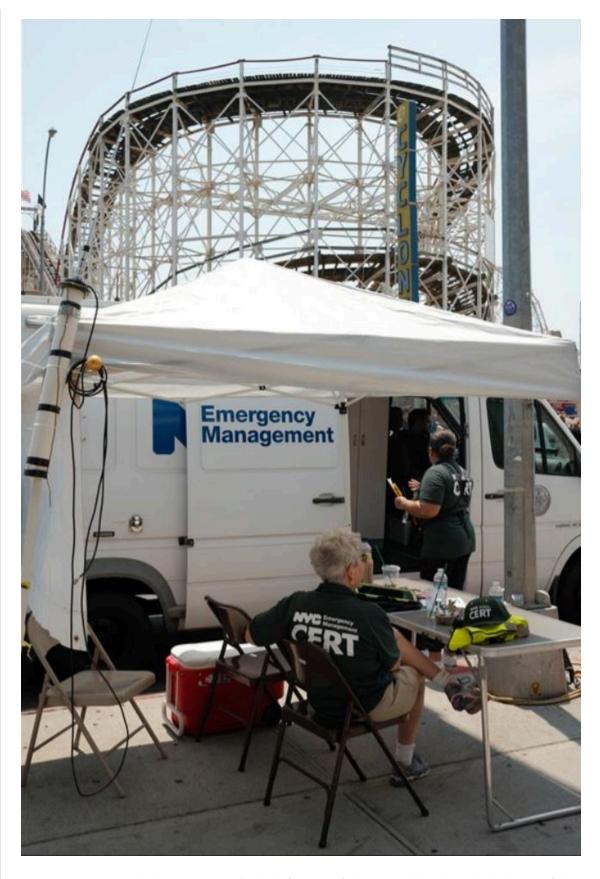
# NYC CERT VOLUNTEER ACTIVITY

# **CERT at Brooklyn Paw-ty Carnival**



On June 22, 2024, CERT deployed on a preparedness event mission. The Brooklyn Paw-ty kept the carnival going and CERT was there to remind the community about the importance for emergency preparedness and extreme heat safety. They brought literature to the pet community. They spoke to pet owners about keeping their treasured friends safe before, during and after an emergency.

**CERT at Coney Island Mermaid Parade** 



On June 22, 2024, CERT deployed to Coney Island. The first season's heat wave did not deter the dedication of the CERT members who assisted the 60th Precinct with crowd control and keeping the Mermaid Parade, on the boardwalk, clear and moving smoothly. Thank you for your unwavering dedication.



**CERT Ready NY Table at NYRR Open Run** 

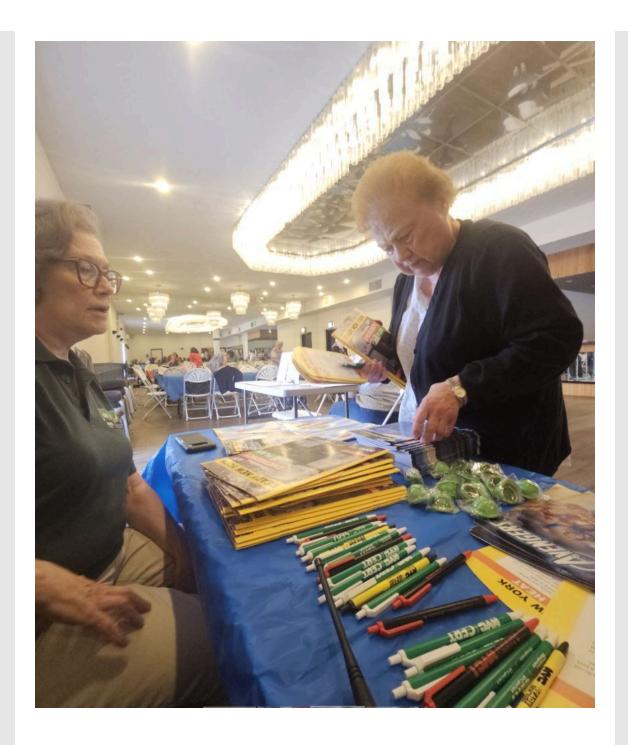


On June 22, 2024, CERT members braved the heat and set up a Ready NY table at the New York Road Runners (NYRR) Open Run in Inwood Hill Park. They spoke with more than 50 Open Run participants and other park visitors. They distributed Ready NY Emergency Preparedness and Pet Preparedness brochures in English and Spanish, children's brochures, and had treats and water for the dogs.

**CERT at Gracie Mansion Conservancy Juneteenth Celebration** 



On June 18, 2024, CERT was again in attendance to support to the Gracie Mansion Conservancy with line and pedestrian management during this year's Juneteenth Celebration reception.



On June 23, 2024, CERT brought emergency preparedness literature to the Brooklyn Community Board 18 Kosher PopUp BBQ. They distributed fans and discussed the importance of being prepared before an emergency to the attendees. They emphasized hurricane preparedness and safety during extreme heat.



**CERT at Gracie Mansion Conservancy LGBTQ+ Pride Celebration** 



On June 13, 2024, CERT deployed to assist the Gracie Mansion Conservancy, who held a reception to celebrate LGBTQ+ Pride. They managed line and pedestrian traffic.

# **CERT at Canarsie Ascend Lower School Field Day**



On June 20, 2024, CERT distributed fans which were a great big hit with the adults, teachers and parents. Approximately 30 emergency preparedness plan books were handed out. They presented how to be prepared during the heat wave, during a blackout, thunderstorms/hurricanes, especially in the Canarsie area.

# **Brooklyn Division 1 Monthly Team Meeting**



Brooklyn Division 1 CERT hosted their monthly meeting this past week to discuss a range

<u>Download the NYC CERT Background</u> for use during CERT meetings and training in a virtual environment (e.g. Microsoft Teams, Zoom, etc.)



# **THINGS TO KNOW**



# **How To Request NYC CERT**

If approached to support an event in your community, the following steps must be taken:

- Event organizer submits an official request using the <a href="NYC CERT External Request Form">NYC CERT External Request Form</a>.
- NYC CERT Leadership should not submit form on behalf of the event organizer.
- For events lead by a NYC CERT Division, volunteer leadership (Ready New York Liaison, if a preparedness event) should submit this <u>Event</u> <u>Request form</u>.

NYC CERT program staff will review all requests. If approved, program staff will add the volunteer opportunity to the <a href="NYC CERT Event">NYC CERT Event</a>

<u>Calendar</u> with a registration link. If more details are required for approval, program staff will use the contact information provided in the request form to connect with the organizer.

NYC CERT External Request Form: <a href="https://on.nyc.gov/CERTrequest">https://on.nyc.gov/CERTrequest</a>

Find the NYC CERT Protocols here: NYC CERT SOPs

Schedule a meeting with NYCEM staff: NYC CERT Volunteer Support



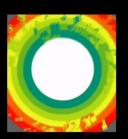
NYCEM's YouTube page NYC CERT recruitment video 2021 National Volunteer Week video



Resolve to Be Ready Calendar
Regular reminders in simple steps that
can help you work preparedness into
your busy schedule.



Listen to all episodes of NYCEM's two podcasts, Prep Talk (<u>SoundCloud</u>, <u>iTunes</u> & <u>Spreaker</u>) and <u>iPrepárate!</u> on <u>SoundCloud</u>.



KNOW YOUR ZONE is your destination for everything you need to know about hurricanes in New York City.

You'll find information about the city's hurricane evacuation zones, the hazards you may face from a hurricane, and what to do to prepare.



JOSEPH PUPELLO **Director** Volunteer Programs



ANTHONY ESCOTO Program Manager Training & Exercises



DENISE ESPOSITO Specialist Recruitment & Retention



REGINA WILSON



GABRIEN ZERVOS **Specialist** Operations & Engagement



AMY JOY ROBATEAU



JAZMIN THOMAS Specialist CERT Training



# Schedule a meeting with NYC CERT Staff: https://on.nyc.gov/bookCERT

Choose a Topic:

**CERT Pick-up** (In-Person)

**NYC CERT Operations**  **Advanced Training** 

**Exercises** & Tabletops

**General** Questions

**CERT ID Questions**  <u>Leadership</u> **Interest** 

**Borough Discussion** 

**Division Discussion** 



NYC Emergency Management | NYC.gov/emergencymanagement {Click here to view as a webpage}











