



HEALTH AND REPRODUCTIVE JUSTICE

What is the NYC Commission on Gender Equity?

The [NYC Commission on Gender Equity](#) (CGE), which sits under the [Mayor's Office of Equity & Racial Justice](#), is a city agency with the mission to develop and institutionalize gender-equitable policies and practices that support girls, women, intersex, transgender, and gender expansive individuals at home, at school, in the workplace, and in public. CGE aims to accomplish its mission by focusing on three areas — developing the conditions for economic mobility and opportunity, advancing health and reproductive justice, and creating safe, public spaces, homes, and workplaces.

What is Health and Reproductive Justice?

Health is the state of physical, mental, and social well-being. Through access to medical care, preventative treatment, emergency services, and resources, individuals, families, and communities can live healthy lives regardless of their socio-economic status.

Reproductive justice is about the control and power people have to make decisions about their own bodies. That includes whether to have children, to get gender-affirming care, to access resources and get support, and to be in a safe environment regardless of class, race, and gender. In 1994, a group of women of color coined the idea.



One of the Ways CGE Addresses Health and Reproductive Justice

MENSTRUAL EQUITY WORKGROUP (LEAD)

The workgroup assesses the city's progress and effectiveness in providing free menstrual products in correctional facilities, shelters, and public and charter schools. The workgroup also seeks to study period poverty and inequity and to develop and implement a citywide strategy for menstrual equity.

- CGE, in partnership with New York City Public Schools, is creating educational materials that include information on students' rights to free menstrual products in schools in accordance with [Local Law 11 of 2024](#).
- Since 2016, CGE has appeared before the New York City Council to provide public testimony on this topic and continues to collaborate across city government to eliminate menstrual inequity.



CITY RESOURCES: HEALTH AND REPRODUCTIVE JUSTICE

HEALTH INSURANCE



- Mayor's Public Engagement Unit, GetCoveredNYC: nyc.gov/GetCoveredNYC
- Health + Hospitals NYC Care — for undocumented and underinsured NYC locals: nyccare.nyc
- Health Insurance: on.nyc.gov/3V5ba9N
- Medicaid/Medicare: on.nyc.gov/437ZvsU

GET CARE



- LGBTQIA+ health care and affirming care: on.nyc.gov/lgbtq
- Sexual and Reproductive Care
 - Abortion Access Hub: nyc.gov/abortion
 - Doula Care: on.nyc.gov/doula
 - Sexual Health Clinics: on.nyc.gov/sexualhealth
- Mental health resources: on.nyc.gov/3JhbUBC
- NYC Health + Hospitals: on.nyc.gov/46hLskI
- Neighborhood Health Services: on.nyc.gov/47bkzQ3
- Immunization clinics: on.nyc.gov/47A8IRQ
- Alcohol and drug use services/harm reduction services: on.nyc.gov/3PJQd1J
- Public health action kits: on.nyc.gov/3TaiBdv

INCOME SUPPORTS



- NYC benefits: access.nyc.gov
- NYC health services: on.nyc.gov/healthmap
- Food pantries/soup kitchens: on.nyc.gov/3v0AJhl
- Food assistance — SNAP benefits: nyc.gov/SNAP
- Fair Fares — discounted metro cards: nyc.gov/fairfares
- Women, Infants, and Children — Access NY nyc.gov/wic

YOUR HEALTH CARE RIGHTS



- Local Law 37 of 2003 Language Access: on.nyc.gov/3wMzT8Y
 - Services in your language: on.nyc.gov/3T9vYdB
- Hospital Bill of Rights: on.nyc.gov/3lsFkfS
- Sexual and Reproductive Health Care Bill of Rights: on.nyc.gov/srj
- Menstrual equity laws: on.nyc.gov/3vPy4rc
- American Disabilities Act Notice of Rights: on.nyc.gov/3xlW2vf



This is not an exhaustive list of all health and reproductive justice NYC programs, services, or resources.

Are you looking for something else?

Call 311 and ask for health resources you may need or visit portal.311.nyc.gov.