



For Immediate Release

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**NYC EMERGENCY MANAGEMENT KICKS OFF ‘READY UP NYC’
PREPAREDNESS SERIES WITH GO BAG WEBINAR**

Webinar is first installment of New York City Emergency Management’s monthly series designed to help New Yorkers prepare for emergencies

January 14, 2020 – New York City Emergency Management kicked off *Ready Up NYC*, a monthly webinar series focused on providing preparedness tips to all residents of New York City for any emergency that may come their way. On Thursday, January 14 the agency’s Ready New York team hosted the first webinar geared at helping New Yorkers identify items that should be included in their emergency Go Bag. Go Bags are essential to any emergency plan, and should include a collection of items you may need in the event you must leave your home quickly during an emergency. You can watch the webinar [here](#).

“It can be nearly impossible to gather all your essential documents and belongings during an emergency. Packing a Go Bag is an important piece of any emergency plan, and can help ease the stress of displacement during an emergency,” said **New York City Emergency Management Commissioner Deanne Criswell**. “The *Ready Up NYC* webinar series is a great tool in our efforts to educate the public and ensure that we continue to help New Yorkers prepare their families for emergencies during the pandemic.”

During the webinar, the Ready New York team highlighted the three basic steps to emergency preparedness: making a plan, gathering supplies and staying informed. Participants learned about important items they should pack in their Go Bags including first aid kits, flashlights, water, and nonperishable foods. The presenters also discussed the importance of creating individualized Go Bags for every member of the home including children and pets. New Yorkers can request a virtual Ready New York training for their organization, workplace, or house of worship by visiting, <https://www1.nyc.gov/site/em/ready/request-event.page>.

READY NEW YORK

Ready New York is NYC Emergency Management's public education campaign. Through the program, you can learn about the hazards you may face in New York City and prepare for all types of emergencies by writing an emergency plan, choosing a meeting place, gathering supplies for your home, and preparing a Go Bag in case you need to leave your home in a hurry. For more information on how you can stay prepared visit, <https://www1.nyc.gov/site/em/ready/ready-new-york.page>.

MEDIA CONTACT: Tashawn Brown/Omar Bourne (718) 422-4888

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