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Girls from high schools around New York City spent the day with New York's Bravest women at the Urban Assembly Institute of Math and Science for Young Women in Brooklyn on April 27 as part of the Department's first-ever Mobile Academy Event. In addition to learning more about the best job in the world, the high schoolers completed Candidate Physical Ability Test (CPAT) activities and Mobile CPR Training. The FDNY Office of Community Affairs and Office of Recruitment and Diversity partnered with Girls Inc. of New York City to host the special event. Check out highlights from this historical event on the next page.

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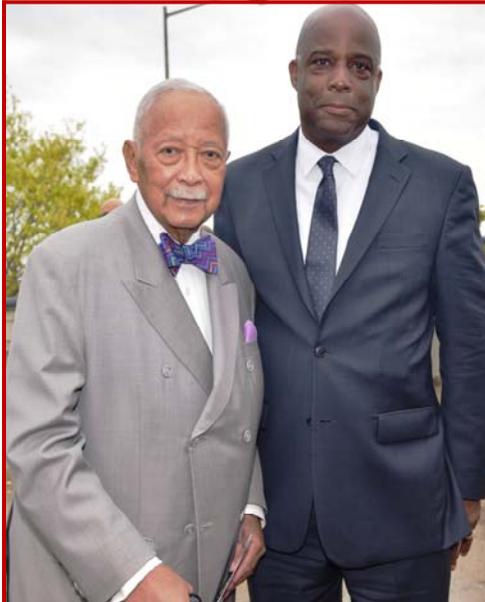
FDNY Hosts First-Ever Mobile Academy Event

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FDNY Helps to Honor First Black Fire Comm.

On April 23, FDNY First Deputy Commissioner Robert Turner presided at the street co-naming ceremony for former Fire Commissioner, the late Robert O. Lowery, in Harlem. Lowery was the Department's 21st Commissioner and the first black firefighter to be appointed to the prestigious position in the Department's history. Council Member Mark Levine and many FDNY members including the FDNY Vulcan Society, as well as family members and friends of former Commissioner Lowery honored his memory at the corner of West 155th Street and Riverside Drive. Check out more photos on the Join FDNY Flickr page: <http://bit.ly/1T0kHEa>.



New York's Bravest in the News

The FDNY and FDNY Foundation celebrated the launch of the 2017 FDNY Calendar of Heroes at Herald's Square Plaza in Manhattan on April 15. For 2017, the iconic Calendar of Heroes is two calendars in one – with a 12 month version featuring the men of the FDNY and 12 month version featuring the women of the FDNY. For the first time ever, FDNY Paramedics and Emergency Medical Technicians are also included among the calendar models. In addition, the calendar features Firefighter Candidate Mentorship Program (FFCMP) Mentors Jennifer Quinones, top right, and Jackie-Michelle Martinez, bottom right, as well as Junior Mentor Melissa Bennett.



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UWF to Host Training for Candidates

The United Women Firefighters (UWF) is scheduled to host physical fitness training for women Firefighter Candidates in May at the New York Sports Club on Wall Street in New York City. The club is located at 30 Wall Street, New York, NY 10005. To be eligible to participate, every candidate must bring a gym lock, at least a 50 pound vest, fitness clothes and sneakers, water and a medical



waiver. In addition, every candidate should attend the training properly hydrated and fueled and ready for an intense workout. Please note that these workout sessions are designed to prepare candidates for the physical training at the Fire Academy. To register for the sessions, please e-mail women-recruitsfdny@yahogroups.com.

May 2016 UWF Training Schedule

May 1, 8, 15, 22 and 29 at 12 p.m.

May 3, 5, 10, 12, 17, 19, 24, 26 and 31 at 7:30 p.m.

FFCMP Junior Mentor Helps to Deliver Baby



With assistance from FDNY Lieutenant Joseph Malatestinic, center, Firefighter Dwight Ferguson, left, and Firefighter Vincent Hopkins, not pictured, Firefighter Candidate Mentorship Program (FFCMP) Junior Mentor Terrence Sykes helped to deliver a baby girl at a home in Brooklyn on April 8.

FDNY Firefighter Terrence Sykes said that he has always loved to help people and that inspired him to join the Department as an Emergency Medical Technician in 2006. Since then, he noted, he has encountered many incredible challenges while on duty, which includes delivering babies.

And it's safe to say that helping to bring new life into this world has followed him into his new career as one of New York's Bravest.

On April 8, while working alongside Lieutenant Joseph Malatestinic, Firefighter Dwight Ferguson and Firefighter Vincent Hopkins, he helped to deliver his 12th baby after responding to a home in Brooklyn. The mother went into labor unexpectedly and gave birth to

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FFCMP Junior Mentor Helps to Deliver Baby

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her daughter at the bottom of the home's basement staircase. FDNY members provided the mother and baby with medical attention before they were transported to the hospital.

"Delivering babies is not easy, but it's something that happens a lot when you're working on a job like this," Sykes said. "I've been on scene for a dozen deliveries, and we rely heavily on our training in medical situations just like we do with everything else. We try to keep the patient as calm as possible, and we were under very good supervision. We brought the baby out to the ambulance, and EMS took over patient care."

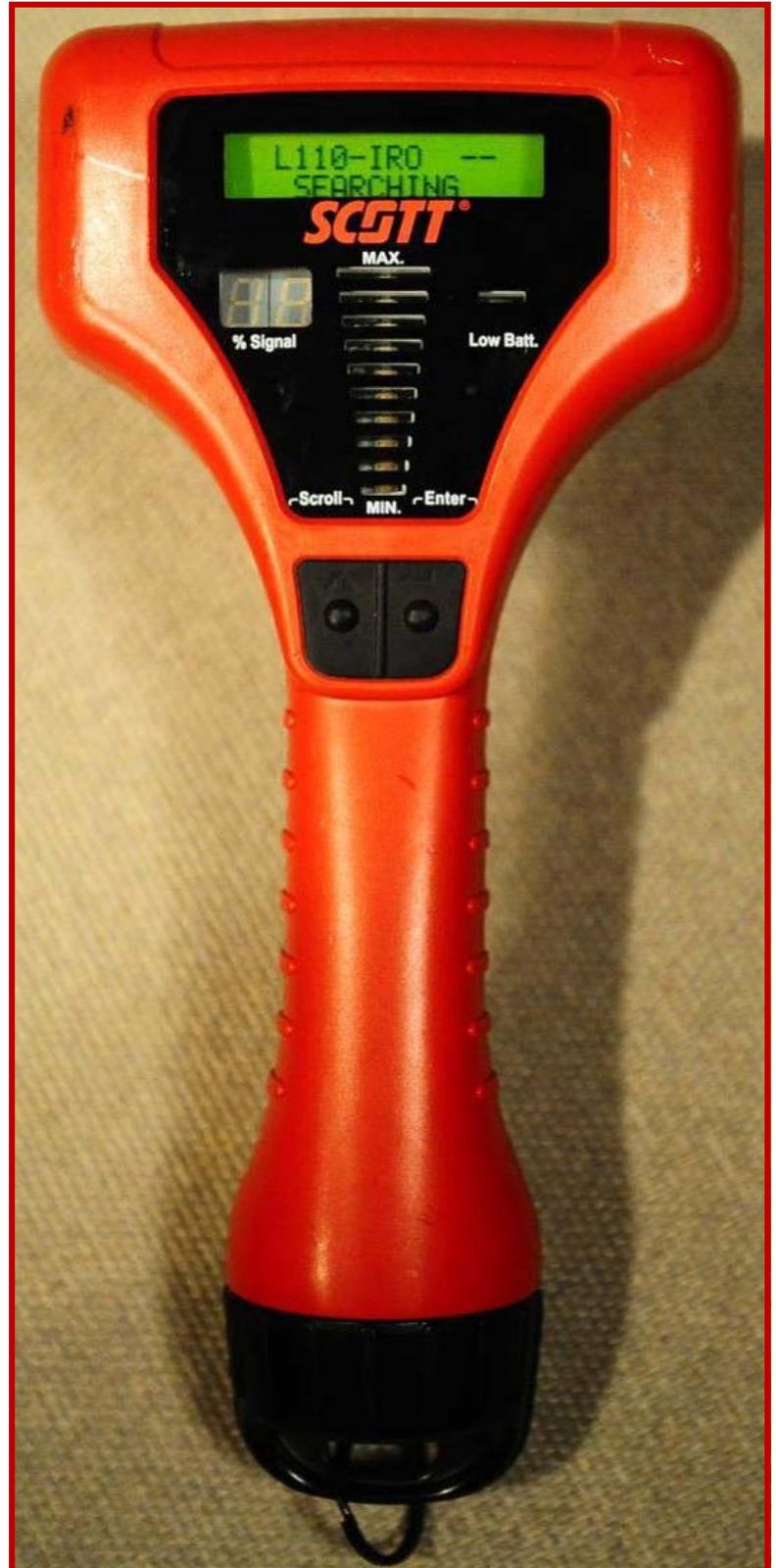
As a Junior Mentor, Sykes, who is also a 18-year veteran in the United States Airforce, attends events to discuss his experiences with being a New York City Firefighter and completing the Firefighter hiring process. The FFCMP, he said, can assist with preparing for the Firefighter career, because the Mentors share invaluable information with their Mentees.

"The best thing candidates can do is take advantage of the opportunities to learn more about job before they get into the Fire Academy and the Mentorship Program helps with that," he said. "We train and we learn every day here in the FDNY, because we help with so many different situations and it's important to get a head start."

Sykes helps to keep the city safe at Engine 232 in Brooklyn. He also just returned home from a tour of duty in Egypt and Kuwait.

Firefighter 101: The Pak-Tracker

The Pak-Tracker Firefighter Locator System is a distress alarm system designed to help identify and locate members in distress. The system consists of two components: a personal transmitter embedded in each Self Contained Breathing Apparatus (SCBA) and a handheld receiver that is capable of picking up a signal from any SCBA in the full-alarm mode. The system has a monitoring/identification capability and a tracking capability. It is essential that all New York City Firefighters understand that the Pak-Tracker provides the Department with another valuable identification tool. Want to learn more about this topic? Visit our website: <http://on.nyc.gov/1q3oFVj>.



RECRUITMENT CORNER

Fifteen YWDI Alumni Members Enter the EMS Academy



Congratulations to the 15 FDNY Youth Workforce Development Initiative (YWDI) alumni members who were sworn in to the EMS Academy at Headquarters in Brooklyn on April 18. This latest YWDI group, which marks the largest one to enter the Academy at once in the initiative's history, includes alumni from the FDNY High School for Fire and Life Safety and FDNY Fire and Emergency Medical Service Exploring Program.

As part of the swearing-in ceremony, Assistant Commissioner for Youth Workforce and Pipeline Programs Michele Maglione, left, Director of Youth Workforce Development Initiatives Brandon Mahon, right, and Associate Coordinator for Public Records Erick Green, top right, congratulated the group for becoming Probationary Emergency Medical Technicians. To date, there are 56 former YWDI students working for the Department. The initiative is largely funded by the FDNY Foundation, the official non-profit organization of the Department.