Gabrien Zervos

From: NYC Emergency Management <cert@oem.nyc.gov>

Sent: Saturday, February 18, 2023 1:03 PM

To: Gabrien Zervos

Subject: [BULK] [EXTERNAL] NYC CERT Newsletter

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This weekly newsletter should provide you with helpful information that you can share and discuss with your community members.

{Click here to view as a webpage}

NYCEM 'Prep Talk': Challenges in Which People with Disabilities Face in New York



The Association for the Study of African American Life and History (ASALH) has announced that "Black Resistance" will be the theme for Black History Month in February. It examines the various ways in which African Americans have stood up to oppression throughout history and today. In continuation of that theme, it is crucial to investigate the ways in which a variety of obstacles, including prejudice, affect people with disabilities, particularly people of color. Obtaining employment and gaining access to resources for people with disabilities is fraught with numerous obstacles. Advocacy and activism is one of the best ways to "resist" these challenges. Although



MONDAY RADIO ROLL CALL

Borough Channel: CERT SI (Staten Island)

02/20 Responding Borough: Queens **Call Scenario**: How often do you conduct team meetings?

Documents to Review:

<u>Citywide Radio Drill Refresher</u>

<u>Call signs per Radio</u>

numerous efforts to effect change have been made in New York City, there is still much work to be done.

Christina Curry, the first African American woman to hold the position of Commissioner of the Mayor's Office of People with Disabilities, discusses her journey to becoming an advocate for the Deaf and people with disabilities on this episode of "Prep Talk." Curry also discusses the numerous difficulties that people with disabilities encounter and how these difficulties may differ for people of color. She agrees that having diverse viewpoints is crucial, particularly when it comes to emergency preparedness and mitigation. She also discusses the things that everyone should keep in mind when interacting with people with disabilities and her objectives for the agency. Emilio Garcia and John Colon, two ASL interpreters, were on hand for this episode to make it more accessible.

Christina Curry, Commissioner of the Mayor's Office of People with Disabilities, stated, "It's the old saying, we have to be twice as smart, work three times harder, and it's the same thing in the disability community as well to get the [same] services and respect." Because you are a person of color and have a disability, people have lower expectations of you and don't even know they have cultural biases against you.

The most recent episode is available to listen to on <u>SoundCloud</u>, <u>Apple Podcasts</u>, and <u>Spreaker</u>.

Basic Training





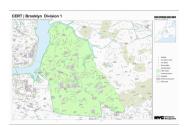
The top image was taken during our Monday/Wednesday basic training course as participated in a Traffic Management exercise. In this image, officers from the NYPD lead the exercise in which students in were in charge



This will be the final week to submit this volunteer survey. There is no right or wrong answer. NYC CERT volunteers wear many hats in the community. We are interested in what other organizations you support. Click Here to complete the survey. We will share the results in a future newsletter.



The NYC CERT Standard Operating
Procedures (SOPs) provides guidance and
outlines policies and procedures for you and
your team to follow.



NYC CERT Division maps are available (pdf format) to support recruitment and preparedness planning in your community.

<u>Brooklyn</u> - <u>Bronx</u> - <u>Manhattan</u> - <u>Queens</u> - <u>Staten Island</u>

of managing the flow of oncoming traffic as well as knowing the proper techniques and signals that are required.

The second image was taken during our Tuesday/Thursday basic training course and depicts our first unit of the NYC CERT basic training curriculum. This unit provides an overview of the expectations of CERT volunteers and the roles and standard operating procedures all are required to follow.

NYCEM's 1st Deputy Commissioner Christina Farrell highlights our own Regina Wilson!

← Tweet



It's a three-peat for the fabulous Regina Wilson as President of the @FDNY Vulcan Society. Regina is strong, compassionate, funny and mission-oriented. During her time with @nycemergencymgt she's taught us so much, and become my friend. Go get 'em, Regina!









10:12 PM · Feb 15, 2023 · 800 Views

Winter Alert: Watch vs Warning!



View the <u>NYC CERT Event Calendar</u> to see upcoming training, meetings, and planned deployments.

After you participate, be sure to <u>Submit Your</u> <u>Volunteer Hours!</u>

For more questions on how to submit your service hours you can view the <u>Hours</u> <u>Submission FAQs</u>.



If your division is hosting or participating in an upcoming event, please complete the Event Request form to have your opportunity published through Eventbrite.com for members to register.



Your NYC CERT Ready New York Liaison can submit a Ready New York Material Request for upcoming events.

Get Notified with New York City's official source for information about emergency alerts and important city services. Download the free Notify NYC mobile app, available for iOS and Android.

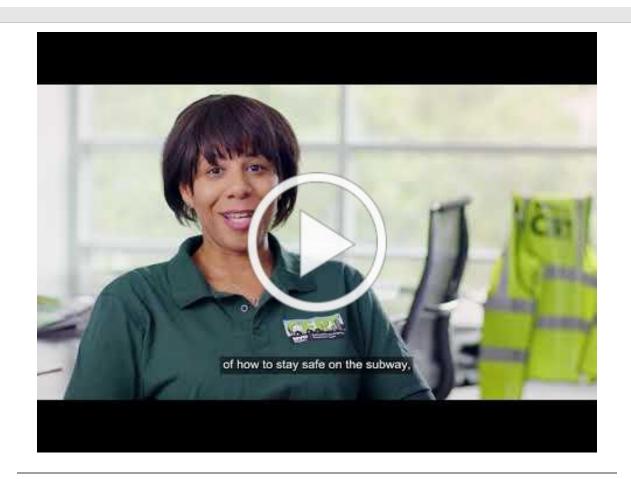


<u>Click Here for more information on hypothermia and what you can do to avoid frostbite.</u>

CERT SPCILIGHT

Throwback Edition

This now five-year-old video, depicts what the NYC CERT program is about and more importantly how CERT member's think and feel about the program. Members throughout the video talk about how the program has advanced their awareness and also prepared them for any emergences that may arise so that they can lend a helping hand.



VOLUNTEER ACTIVITY

Older Adults Caribbean Experience Valentine's Edition Deployment

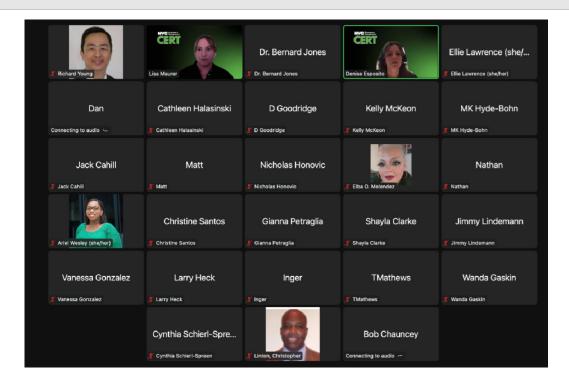






NYCEM participated in a community event hosted by Det. Sanchez from Community Affairs, Bronx Outreach Division. 400-600 senior citizens attended the event as CERT volunteers assisted with crowd management, line management, and acting as community liaisons. Thank you to all who helped to support the deployment!

Association of Continuity Professionals (ACP) Webinar



A webinar hosted by Lisa Maurer, Division Chief in Brooklyn Division 1 was held on Wednesday afternoon for the Association of Continuity Professionals (ACP) and several St. John's University (SJU) students. Lisa interviewed Denise Esposito, CERT Recruitment & Retention Specialist, and provided an opportunity for ACP members and SJU students to ask questions about CERT training and membership in the program. Some ACP members were members of other CERT programs and had questions about the process for joining in NYC and how the programs differ. Thank you, Lisa for coordinating and hosting the webinar and providing a forum to discuss how CERT can be helpful for continuity in business and especially in the healthcare field!

Monthly Meetings

Queens Division 5



Division 5 Members participated in their monthly meeting to discuss more in-person options for meetings, training, and possible exercises. Members also took the opportunity to share their thoughts and questions with program staff concerning the recent City Hall mandate.

Manhattan Division 4

Division 4 hosted its monthly meeting this past Thursday. Their discussion revolved around the topics of recruitment, encouraging members for leadership roles within the CERT program, and reviewing upcoming training occurring this month to continue member development as CERT volunteers.



<u>Download NYC CERT Background</u> for use during CERT meetings and training in a virtual environment (e.g. Microsoft Teams, Zoom, etc.)



VOLUNTEER OPPORTUNITIES

Drones As a Tool for Damage Assessment & Flood Mitigation Webinar

On Tuesday Feb. 21st from 1pm-2:30pm, FEMA Region 2 National Preparedness Division will be hosting a webinar partnering with the State of California Office of Emergency Services (Cal OES), and the National CERT Association (NCA) to host a webinar highlighting a case study about Drone use for Flood Mitigation.

This presentation will detail how drones were used during spring flooding in Eastern Nebraska for 2 years as a tool to conduct reconnaissance of rivers identifying ice jams and potential high-risk areas. This information was used by FEMA and the Army Corps of Engineers to develop strategies for flood mitigation. The drones were also used to conduct damage assessment in areas that were difficult to reach safely on the ground and to map potential hazardous materials.



Register Here | Tuesday, February 21 | 1:00PM - 2:30PM

Americares: Self Care for Responders



On Wednesday Feb. 22nd from 12pm-1pm, FEMA Region 2 National Preparedness Division will be hosting a webinar in partnership with Americares for a webinar focusing on selfcare for disaster responders and healthcare workers.

Responders to the COVID-19 pandemic and healthcare professionals who treat and test COVID 19 patients were and are still more likely than the general public to contract the virus. A lot of stress and anxiety comes from the possibility of spreading the disease and even bringing it home with you.

In the face of major disasters, we bear the double burden of stress from work and home. Health professionals run the risk of suffering from compassion fatigue, burnout, and indirect trauma if they are forced to deal with the difficult situation of caring for themselves and others during an emergency. The specific stressors that first responders, mental and psychosocial health professionals, and healthcare providers face, including secondary traumatic stress, will be discussed in this webinar. Additionally, the Americares team will provide resources for self-care and self-evaluation.

Register Here | Wednesday, February 22 | 12:00PM - 1:00PM

FEMA Needs Young Leaders!

Spread the news! FEMA wants to hear from teens ready to lead in emergency management by applying to the Youth Preparedness Council (YPC)! The Youth Preparedness Council (YPC) encourages teens to bring their unique skills and experiences to help their community. The application period is open January 23 through March 6.

If you or anyone you know that might be interested want to apply, please click here



11th ANNUAL COMMUNITY PREPAREDNESS SYMPOSIUM AT BARUCH COLLEGE



The 2023 Community Preparedness Symposium will focus on how community organizers, leaders, youth, advocates and/or government can better prepare, respond, and recover from emergencies. The 2023 theme is "A New Standard: Communities Ahead of Emergencies."

The symposium will be held on Tuesday, March 7th from 9:30 a.m. to 3:00 p.m., at Baruch College's Vertical Campus on the 14th Floor and the virtual experience will be via WorkCast.

You can register <u>here</u> for in-person or <u>here</u> for the virtual option.

You Don't Need Them Until You Do: Effective CERT Mutual Aid



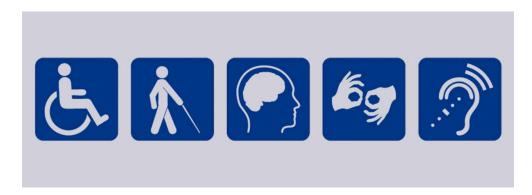
Register Here | Tuesday, March 7 | 1:00PM - 2:30PM

On March 7th from 1pm-2:30pm, A webinar on creating a CERT Mutual Aid plan will be held by the FEMA Region 2 National Preparedness Division in collaboration with the State of California Office of Emergency Services (Cal OES) and the National CERT Association (NCA).

During disaster recovery and training, CERT Mutual Aid can be a force multiplier for your CERT Program. Not only does it open up opportunities to fully staff requests from your Sponsoring Agency for disaster response, but it also establishes depth in training and revitalizes your CERT Program.

Right now, is an ideal opportunity to foster a composed CERT Shared Help Plan so when "you truly do require them" during that next large debacle there is association, responsibility and experience with the CERT Projects helping under common guide.

Communicating With People with Disabilities as First Responders



On March 21st from 1pm - 2:30pm, a webinar will be held by the National CERT Association (NCA) and the State of California Office of Emergency Services (Cal OES) in collaboration with the FEMA Region 2 National Preparedness Division to assist CERTs in better communicating with people who have disabilities.

According to disaster reports, 70 percent of disaster victims were people with disabilities or from other vulnerable groups. When disaster planning was examined, it was discovered that many emergency organizations lacked a plan for people with disabilities or only a small one. CERTS will gain a better understanding of how to better communicate with people with a variety of disabilities, how to recruit people with disabilities to your teams, and how to develop inclusive plans to assist disabled people in remaining safe in their homes from harm.

Please click here to register.

Ready Seniors Workshop

On March 23rd from 9am-4pm, FEMA Region 2 and the Administration for Community Living (ACL) will be hosting an in-person Ready Seniors Workshop. Other organizations such as the Area Agencies on Aging (AAAs) that provide essential senior support services are prepared for this inperson workshop and will be in attendance.

If you are interested in registering, please click here.



Bringing CERT Into The 21st Century



Taking place on April 4th from 1pm -2:30pm, a webinar highlighting new technology and its potential applications for CERTs is being hosted by the FEMA Region 2 National Preparedness Division in collaboration with the State of California Office of Emergency Services (Cal OES) and the National CERT Association (NCA).

ICS4S leverages mobile technology with their patented design to enhance and transform emergency communications with a simple tap on a phone. It's more important than ever to be able to report, record and document information and share that information in a concise and effective way.

To register, please click here

NYC CERT CALENDAR



Buddy Check

As we close out a long year of volunteering to support your community and head into a new year with new challenges, please take some time to support one another. The best way to do that is by performing buddy checks.

What is a buddy check?

Taking the time to check on family and friends, especially those unable to leave their home for any reason. You might be surprised by the impact you'll have on those who you connect with.

Report your Volunteer Hours

Search for Buddy Check Event



Are you interested in becoming a mentor to new NYC CERT members?

All Volunteer leadership should be encouraging active members to serve in a mentor role in order to support both their growth as leaders and provide new opportunities for newer members to become more engaged.

Complete the NYC CERT Mentor Program form to let us know if you'd like to be a mentor or mentee. Complete the Matching Questionnaire to help pair the mentor to a mentee. Both forms must be filled out to participate in the program.

TRAINING OPPORTUNITIES

Advanced Training: Citywide Radio Training

On Tuesday Feb. 21st from 6:30pm-9pm, NYCEM will be hosting a virtual training regarding the use of citywide radios/ 700MHZ. The topics throughout the training will revolve around the review of radio terminology & functionality, the operability of the 700 MHz radios, along with the calling protocol and your role and responsibility as a Citywide radio operator.

If you are interested in participating in this training, <u>please</u> register by clicking here.



Emergency Operations Center & NYCEM Watch Command overview



On Wednesday March 1st, NYCEM and Watch Command staff invite you to NYCEM HQ to learn more about NYCEM's Emergency Operation Center & Watch Command. Topics that will be covered include:

- NYCEM 101
- Operations Division
- CERT Roles in the EOC
- Tour of the EOC

If you are interested in attending, please click here

NYC CERT online platform includes online courses to support volunteer growth.

Schedule free training for your Division here : FDNY Smart Fire Safety.

FEMA Region 2 (R2) Webinar Catalogue includes all recorded webinars.

COVID-19 Community Conversations: Mental Health, Equity and Resilience DOHMH is offering free virtual training to community groups. There are two options, a <u>1-hour informational virtual presentation</u> and a <u>3-hour interactive training</u> (available in English, Spanish, Cantonese, and Mandarin).

THINGS TO KNOW



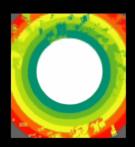
NYCEM's YouTube page NYC CERT recruitment video 2021 National Volunteer Week video



Resolve to Be Ready Calendar
Regular reminders in simple steps that can help you work preparedness into your busy schedule.



Listen to the NEW episodes of NYCEM's two podcasts, Prep Talk (<u>SoundCloud</u>, <u>iTunes</u> & <u>Spreaker</u>) and _iPrepárate! on <u>SoundCloud</u>.



KNOW YOUR ZONE is your destination for everything you need to know about hurricanes in New York City.

You'll find information about the city's hurricane evacuation zones, the hazards you may face from a hurricane, and what to do to prepare.



NYC Emergency Management Communications Network | 165 Cadman Plaza East, Brooklyn, NY 11201

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