

Lifeguard Training and Incidents Annual Report (per Local Law 134)

Due November 1, 2024

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1. Number of beach and outdoor pool lifeguards for the 2024 summer season.

Beach	2024 Total
Total	409

Outdoor Pool	2024 Total
Total	454

2. Number of indoor pool lifeguards (who work year round at recreation centers) on staff as of October 1, 2024.

Indoor Pool	2024 Total
Total	68

3. Description of the safety training that all lifeguards receive, and how often they receive trainings.

All lifeguards receive annual mandatory training from the Parks Academy:

- Bloodborne Pathogens Training

Lifeguard Training from the Lifeguard School:

- Applicants must meet vision requirements and pass a qualifying exam (swim 50 yards in 45 seconds or less) in order to participate in lifeguard training.
- New lifeguard candidates (as well as returning lifeguards who had an excused absence the previous year) receive 40 hours of in-water and dry-land training and instruction.

The curriculum is as follows:

- Lesson 1 – Orientation
- Lesson 2 – Victim Recognition & Basic Rescue
- Lesson 3 – Rules, Regulations, & Responsibilities
- Lesson 4 – Communications, Emergency Plans, & Approaching a Victim
- Lesson 5 – Preventative Lifeguarding & Cross Chest Carry
- Lesson 6 – Beach & Pool Conditions
- Lesson 7 – Airway Adjuncts & Removal of Victims
- Lesson 8 – Beach & Pool Equipment
- Lesson 9 – Defenses I, Heart Attacks, & Heat Emergencies
- Lesson 10 – Defenses II & Bleeding Control
- Lesson 11 – Spinal Injury I (Immobilization in Shallow Water)
- Lesson 12 – Spinal Injury II (Immobilization in Deep Water)
- Lesson 13 – Spinal Injury III (Immobilization on Land & Fracture Management)
- Lesson 14 – Shock, Poisoning, & Search and Recovery
- Lesson 15 – Seizures, Diabetes, Choking Victims
- Lesson 16 – Beach & Pool Operations, Course Review

- CPR training
- Final Examination – Written and Practical
 - Written: Tests candidates on all aspects of the course including lifeguarding, CPR, First Aid, and resuscitator skills.
 - Practical: 440 Yards Freestyle Swim, Underwater approach with cross chest carry, Surface Approach with cross chest carry, Front Head Hold Release, Rear Head Hold Release, Double Wrist Release, 15 Yard Underwater, Surface Dive Retrieve Brick, 1 Minute Tread
- In order to return as a seasonal lifeguard, the following is required **each year**:
 - CPR training
 - Meeting vision requirements
 - Recertification (same written and practical exam that is given to new lifeguards)
- Lifeguard seasonal supervisors take an additional AED training **each year**.
- Lifeguards who are assigned to a beach for the first time are required to perform a 300-yard endurance swim upon reporting to their assigned beach.

4. Number and location of incidents that required emergency assistance by a lifeguard at each beach and pool from Oct 1, 2023 to Oct 1, 2024.

Borough	Type	Location	Number of Incidents
Brooklyn	Beach	Brighton Beach	3
		Coney Island	8
		Manhattan Beach	6
	Pool	Adelphi	1
		Betsy Head	7
		Douglas & Degraw	1
		McCarren	1
		Metropolitan	3
		Red Hook	4
		Sunset	9
		BROOKLYN TOTAL	43
Bronx	Beach	Orchard Beach	6
	Pool	Floating	1
		Haffen	3
		BRONX TOTAL	10
Manhattan	Pool	Asser Levy	1
		Chelsea	9
		Constance Baker Motley	1
		Dry Dock	2
		Gertrude Ederle	7
		Highbridge	4
		Sheltering Arms	4
		Thomas Jefferson	7
		Vesuvio	1
		Wagner	1
		MANHATTAN TOTAL	37
Queens	Beach	Rockaway Beach	73
	Pool	Astoria	2
		Fisher	1
		Flushing Meadows	5
		QUEENS TOTAL	81
Staten Island	Beach	South Beach	1
	Pool	Faber	12
		Lyons	7
		Maggie Howard	9
		PS 46	3
		STATEN ISLAND TOTAL	32
CITYWIDE TOTAL			203

5. Total number of indoor and outdoor Parks pools, the number of pools that were closed during the 2024 summer season, and the estimate of when they will reopen.

Pool Type	Count
indoor	12
outdoor	53
Grand Total	65

Pool Type	Closed in 2024	Open in 2024	Grand Total
indoor	4	8	12
BROOKLYN	1	2	3
BRONX	1		1
MANHATTAN	2	4	6
QUEENS		2	2
outdoor	3	50	53
BROOKLYN		14	14
BRONX		9	9
MANHATTAN	3	13	16
QUEENS		7	7
STATEN ISLAND		7	7
Grand Total	7	58	65

name	indoor/outdoor	boro	mini?	open in 2024	open in 2025	anticipated opening
BROWNSVILLE	indoor	bk		n	n	unknown
ST. MARY'S	indoor	bx		n	y	spring 2025
HANSBOROUGH	indoor	manh		n	n	spring 2026
HARLEM MEER	outdoor	manh		n	y	spring 2025
TOMPKINS SQ	outdoor	manh	mini	n	y	spring 2025
TONY DAPOLITO indoor	indoor	manh		n	n	unknown
TONY DAPOLITO outdoor	outdoor	manh		n	n	unknown