



THE CITY OF NEW YORK
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**STATEMENT FROM FIRST LADY CHIRLANE MCCRAY ON WORLD MENTAL
HEALTH DAY**

“There is no health without mental health. Mental illness touches all of us – or someone we love or someone we know. We have a public health crisis that keeps people from succeeding at school, excelling at work and being fully engaged parents. It’s time we shatter the stigma and talk openly about how we can improve the way we talk about and treat mental illness – and promote mental wellness for everyone.”

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