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Media Advisory

**ICYMI: FIRST LADY CHIRLANE MCCRAY TALKS MENTAL HEALTH ON
BUZZFEED’S ANOTHER ROUND WITH HEBEN AND TRACY**

NEW YORK— Today, BuzzFeed posted a podcast and interview with First Lady Chirlane McCray. The First Lady participated in a mental health-focused [interview](#) with Heben Nigatu and Tracy Clayton for BuzzFeed podcast “Another Round,” and she also participated in an interview with Anita Badejo for a BuzzFeed article titled “[9 Tips For Mental Self-Care From The First Lady Of NYC.](#)”

Link to podcast: <https://soundcloud.com/anotherroundwithhebenandtracy/episode-11-bob-loblaw>
[First Lady appearance begins at 12:38]

Link to BuzzFeed interview: <http://www.buzzfeed.com/anitabadejo/shatter-the-stigma#.skg2m2MK7>

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