



Struggling to **get by**  
without coverage?

Now there are  
**healthier** options  
for you or your family.

**FREE AND LOW COST  
HEALTH INSURANCE PROGRAMS**  
**CHILDREN . TEENS . PARENTS**  
**SINGLES and COUPLES WITHOUT CHILDREN**

Now it's easier to get you and your family the health care you need. New free and low cost insurance programs and recent changes to Medicaid can help cover health care costs for you or your family.

**NYC** New York City  
Department of Health and Mental Hygiene  
Michael R. Bloomberg, Mayor  
Thomas Farley, MD MPH, Commissioner

### Why Is Health Insurance Important?

It pays for the medical care you need when you get sick. It also pays for regular check-ups that can help prevent or treat illnesses (such as diabetes or asthma) before they get too serious, as well as:

- ✓ Doctor visits
- ✓ Immunizations
- ✓ Dental care
- ✓ Eye exams and glasses
- ✓ Mental health services
- ✓ Prescription drugs
- ✓ X-Rays & lab tests
- ✓ Hospital care

### Available Health Insurance Programs\*

**Child Health Plus** provides free or low-cost health insurance for children under the age of 19 who are not eligible for Medicaid.

**Family Health Plus** provides free health insurance for low-income, uninsured adults (ages 19 - 64) who are not eligible for Medicaid.

**Medicaid** provides free health insurance for low-income children and adults. Children under 21 have an added guarantee of all necessary screenings, treatment, assistance with appointments and transportation through the Child/Teen Health Program.

One application is used to apply for all of these programs.

### Where Do I Go for My Medical Care?

Most people eligible for health insurance will receive their medical care through a health plan, and go to the doctors and hospitals that accept that health plan. It is important to find out which health plans your doctor accepts before you choose a plan. An enrollment counselor will help you choose the best plan for you.

SI W BEZWEN PLIS ENFÒMASYON  
SOU ASIRANS SANTE AN KREYÒL,  
RELE NAN 311

Дополнительную информацию о  
медицинской страховке на  
русском языке можно получить  
по телефону 311

\*Also, Medicare is available for people age 65 or older, younger people with disabilities and people with End Stage Renal Disease. For questions, call 1-800-MEDICARE.

### I Work. Do I Still Qualify?

Many working families and individuals are eligible for free or low cost health insurance. All families are different. These are just some examples:

- **Adults without children**

	<i>monthly income</i>
Singles:	up to \$903
Couples:	up to \$1,215
- **Parent(s)**  
*in family of four*

	up to \$2,757
--	---------------
- **A pregnant woman**  
*in family of four*

	up to \$3,675
--	---------------
- **Children**  
*in family of four*

	up to \$7,350
--	---------------

chart effective 4/1/2009  
subject to annual income updates

### What About Immigration Status?

You don't have to be a citizen to qualify for health insurance. Most adult immigrants and ALL children and pregnant women are eligible if they meet the other program requirements. Immigrants who don't qualify for insurance may be eligible for help with the cost of emergency medical care.

### How Do I Enroll?

Now it is easier than ever to apply. There are many convenient locations and enrollment counselors available to help. Help is also available for people who do not speak English. Call HealthStat at 311 to find out if you may qualify and where you can enroll in your neighborhood.

Call HealthStat at **311**  
TTY **1-212-504-4115**  
[www.nyc.gov/health](http://www.nyc.gov/health)

如需要用中文進一步瞭解健康保險的  
情況請撥電話：311