

ACTIVATION STATUS: NYC EMERGENCY MANAGEMENT EMERGENCY OPERATIONS CENTER IS ACTIVATED.

PLEASE NOTE: Program staff will respond to inquiries and requests as soon as possible. We appreciate your patience and support.

Virginia Rosario - Manhattan Division 3 CERT



With great sadness, we wanted to announce the passing of Virginia Rosario, an original member of Manhattan (district) 6 CERT and long-time resident of Stuyvesant Town in Manhattan. Virginia passed away on January 2, 2024, at 85 years old, in Charlotte NC where she had been living since Winter 2020.

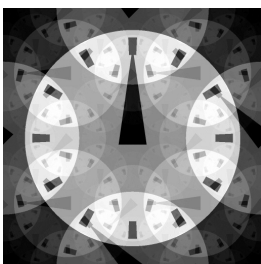
Virginia was an active member of MN6 CERT/MN Div3 CERT (2006-2019) and served several years as Deputy Chief and then 6 years as Ready NY Liaison. She became certified as an AHA CPR/AED Instructor and trained most of the team.

In 2018 Virginia was presented the much-deserved John D Solomon Award for Exemplary Service in Emergency Preparedness Education (pictured above with Abby Solomon and the late Commissioner Joseph Esposito). As a Ready New

York Liaison she provided emergency preparedness education at neighborhood community centers and associations including to scouts and schools. She also participated annually at National Night Out at the 17 Precinct. Virginia exemplified the spirit of CERT with her willingness to learn, teach and help.

We are grateful for all of her contributions and efforts in enriching the CERT program, and for the fulfilling relationships she developed along the way.

Our thoughts and condolences to her loving family, friends and colleagues.



How to report your volunteer hours?

What accounts for your volunteer hours?

For more questions on how to submit your service hours you can view the [Hours Submission FAQs](#).



MONDAY RADIO ROLL CALL

***Deadline for
submitting 2023
volunteer hours is***

Call Scenario

Have you checked on a fellow CERT member?

Documents to Review:

Citywide Radio Drill Refresher

Call signs per Radio

Frostbite vs. Hypothermia

AVOID * SPOT * TREAT
FROSTBITE & HYPOTHERMIA

In cold temperatures, your body begins to lose heat faster than it can be produced, which can lead to serious health problems.

***** AVOID *****

When the weather is extremely cold, try to stay indoors. If you must go outside, **dress properly** and know who is at **high risk** for **hypothermia** or **frostbite**.

When going outside be sure to wear:

- A SCARF OR KNIT MASK THAT COVERS FACE & MOUTH
- A HAT
- A WATER-RESISTANT COAT
- MITTENS OR GLOVES
- SEVERAL LAYERS OF LOOSE-FITTING CLOTHING
- WATER-RESISTANT BOOTS

When going outside in winter make sure body parts most often affected by frostbite are covered in warm, dry clothing.

NOSE EARS TOES CHEEKS CHIN FINGERS

Know who is at high risk:

- Older adults without proper food, clothing, or heating
- People who stay outdoors for long periods (homeless, hikers, hunters, etc.)
- People who drink alcohol in excess or use illicit drugs
- Babies sleeping in cold rooms



The [NYC CERT Standard Operating Procedures \(SOPs\)](#) provides guidance and outlines policies and procedures for you and your team to follow.



[View and Download the Complete NYC CERT Basic Training Student Manual](#)

QUIZ



Each week we will propose a quiz question that relates back to lessons learned during NYC CERT training or from your experience as an active member. The answer will be revealed in the following week's newsletter.

Last week's question:

You are supporting a CERT deployment and you lose

As the temperature drops, it's important to be aware of the risks of frostbite and hypothermia. Frostbite occurs when the skin and underlying tissues freeze, while hypothermia is a dangerous drop in body temperature. Knowing the early symptoms and how to attend to them can greatly reduce their life-threatening potential.

SPOT

FROSTBITE

A victim is often unaware of frostbite because frozen tissue is numb.



Signs & Symptoms

— Redness or pain in any skin area may be the first sign of frostbite.

Other signs include:

- a white or grayish-yellow skin area
- skin that feels unusually firm or waxy
- numbness

HYPOTHERMIA

Hypothermia often occurs at very cold temperatures, but can occur at cool temperatures (above 40°F), if a person is wet (from rain, sweat or cold water) and becomes chilled.



Signs & Symptoms

Adults:

- shivering
- exhaustion
- confusion
- fumbling hands
- memory loss
- slurred speech
- drowsiness

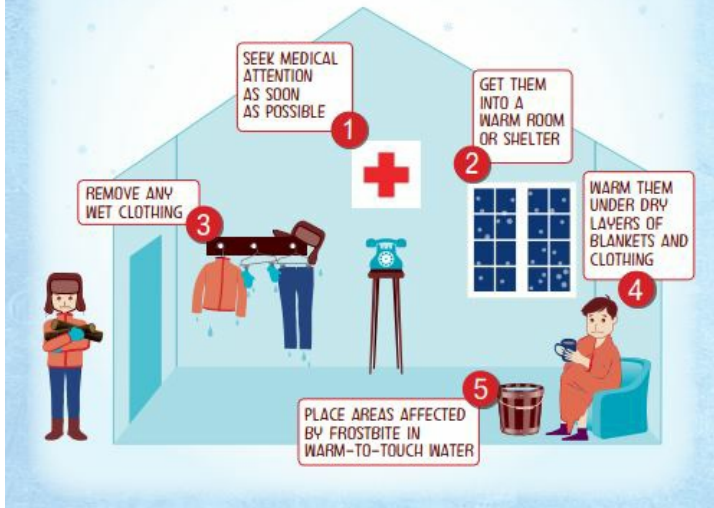
Infants:

- bright red, cold skin
- very low energy

If a person's temperature is below 95° get medical attention immediately.

TREAT

If a person is experiencing hypothermia or frostbite...



Frostbite and hypothermia can cause serious tissue damage. It is crucial to seek medical attention if you suspect you have either condition. Do not attempt to treat severe cases of frostbite or hypothermia on your own.

Stay safe and warm this winter by taking precautions to protect your skin and body from the freezing effects of the cold.

Read more ways to [Prevent Hypothermia and Frostbite](#).

your ID. What should you do?

Correct Answer(s): A) Stay at the event, report this to your CERT Lead then file a police report and send to NYCEM

While deployed to clear catch basins, you spot a weapon below the grate. What should you do?

A) Reach down to see if it is within reach and bring it to the nearest precinct

B) Report it to 311

C) Call 911 immediately, to extract the weapon/device, and alert Watch Command/CERT Staff

D) Just leave it there because CERT volunteers only clear off the top of the grate

FROSTBITE CAUTION

Since skin may be numb, victims of frostbite can harm themselves further.
Use caution when treating frostbite and:

1

UNLESS NECESSARY,
DO NOT WALK ON
FEET OR TOES
WITH FROSTBITE

2

DO NOT USE A
FIREPLACE, HEAT
LAMP, RADIATOR,
OR STOVE FOR
WARMING

3

DO NOT USE A
HEATING PAD
OR ELECTRIC
BLANKET FOR
WARMING

4

DO NOT RUB
OR MASSAGE
AREAS WITH
FROSTBITE

<http://emergency.cdc.gov/disasters/winter/staysafe/index.asp>

U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention



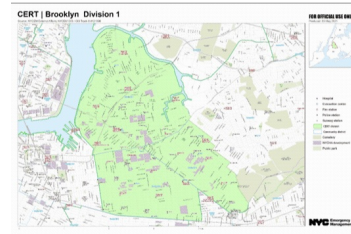
View the [NYC CERT Event Calendar](#) to see upcoming training, meetings, and planned deployments.

After you participate, be sure to [Submit Your Volunteer Hours!](#)

For more questions on how to submit your service hours you can view the [Hours Submission FAQs](#).

Commissioner For a Day!

NYC EMERGENCY MANAGEMENT



NYC CERT Division maps are available (pdf format) to support recruitment and preparedness planning in your community.

[Brooklyn](#) - [Bronx](#) - [Manhattan](#) - [Queens](#) - [Staten Island](#)



NYC Emergency Management is inviting all high school students to participate in the third annual Commissioner for a Day essay contest. Entrants must submit an original essay and complete the [application](#). All entries must be emailed by **11:59 p.m.** on **Saturday, February 3, 2024**. The NYC Emergency Management Commissioner will

choose and invite the winner to the headquarters to participate in the Commissioner for a Day Award Ceremony.

Read more about the [Contest Rules](#).

READY NEW YORK

If your division is hosting or participating in an upcoming event, please complete the [Event Request form](#) to have your opportunity published through Eventbrite.com for members to register.

Your NYC CERT Ready New York Liaison can submit a [Ready New York Material Request](#) for upcoming events.

HAZARD MITIGATION PLAN

NYC Emergency Management

The NYC Hazard Mitigation Plan shares how NYC is working to reduce the impacts from natural hazards. We want to hear from you before our next report!



SHARE YOUR THOUGHTS

NYCHAZARDMITIGATION.COM

COMMENT PERIOD CLOSES

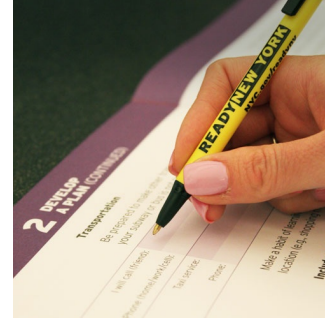
02/05/2024



NYC is no stranger to natural disasters. Each time we experience one, we learn how to make our city

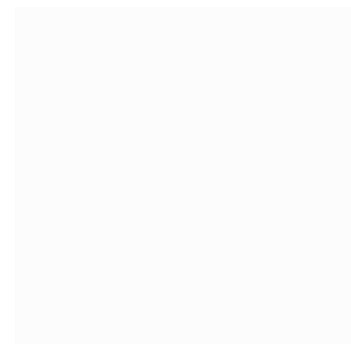
stronger and safer. The NYC Hazard Mitigation Plan (HMP), updated every five years, outlines these new strategies, as well as steps we can take to reduce our risk.

In this webinar, NYC Emergency Management will showcase the 2024 NYC HMP, describing the hazards facing NYC and sharing tools to help you understand your risk and ways to prepare and stay safe. We welcome your feedback on all aspects of the plan. Check out the plan and leave your comments at nychazardmitigation.com. Anyone can give feedback on the HMP during the public comment period, which closes **February 5, 2024**.



Get Notified with New York City's official source for information about emergency alerts and important city services.

Download the free [Notify NYC](#) mobile app, available for [iOS](#) and [Android](#).



NYC Emergency Management

conEdison, inc.

POWER OUTAGE PREP WEBINAR WITH CONED

Learn:

- HOW TO PREPARE FOR A POWER OUTAGE
- WHAT TO DO WHEN THE POWER GOES OUT
- HOW TO REPORT AN OUTAGE
- AND MORE!

February 14 at 10 AM

bit.ly/ConEd_OutagePrep

Join NYC Emergency Management and ConEdison on February 14, 2024 at 10AM to discuss how you can prepare for power



- How to prepare for an outage
- What to do while the power is out
- How to report an outage
- How to file a claim for spoiled food or medication
- How to use the ConEdison outage map
- How to stay informed
- Tips on [tree](#) trimming & water leaks

[Registration | Wed, Feb 14, 2024 10AM](#)

Basic Training - Winter Sessions Starting Soon!



We have been actively processing new applications and providing orientation sessions to increase our pool of basic training-eligible individuals to fill spots in the upcoming winter sessions. Thank you for your support in amplifying information on how to join NYC CERT to your communities at your events! To provide some standard info that you can share with your recruits and at any upcoming events, please see below:

(For applicants that have already attended an orientation session in the last year) Basic training sessions will be starting on Jan. 31st for the Mon/Wed class and on Feb. 6th for the Tues/Thurs class. Registration information was sent out to all eligible applicants that completed an orientation session in the last year. Please check all spam folders if you did not receive the email. Register now to ensure you have a seat in the upcoming Basic training!

(For new applicants) Registration for January Orientation sessions was sent out to all applicants. There is one more orientation session available on Monday, January 22nd at 6:30PM for any new applicants you recruit. Spread the word to **apply now** for an opportunity to attend this last orientation session and become eligible to register for one of the upcoming Basic training winter sessions!

(For newly interested recruits) Community Emergency Response Team (CERT) members receive intensive training in emergency preparedness, fire safety, light search and rescue, disaster medical operations, and more.

If you are 18 or older and want to join NYC CERT, please complete the [online application](#).

All applicants must attend a virtual orientation session to be eligible for basic training.

Send Us Your Photos!



As 2023 comes to a close and we move into our 21st year, help us to celebrate CERT in New York City by sending us your photos and videos from your event at on.nyc.gov/CERTupload

Please note **Date (including year), Borough, Division (or team), Event, members included (if available).**

If you have any questions, please contact us at cert@oem.nyc.gov. Thank you!

[Download Photos from the Gracie Mansion Anniversary Event](#)

VOLUNTEER OPPORTUNITIES



HOPE NYC 2024

Every January, thousands of volunteers across the five boroughs participate in NYC's annual Homeless Outreach Population Estimate (HOPE). Over a single night, volunteers canvass streets, subway stations, parks, and other public spaces across the city to identify individuals living unsheltered.

Please note: This opportunity is not a NYC CERT Deployment and is not affiliated with NYC Emergency Management. Registration and SOPs are handled through HOPE.

[Registration | Tues, Jan 23, 2024 10PM](#)



2024 Lunar New Year Celebration Parade in Bensonhurst

NYC CERT will support the 2024 Lunar New Year Celebration Parade alongside the 62nd Precinct.

[Registration | Sun, Feb 11, 2024 9:30AM](#)

NYC CERT CALENDAR

Buddy Check

As we close out a long year of volunteering to support your community and head into a new year with new challenges, please take some time to support one another. The best way to do that is by performing buddy checks.

What is a buddy check?

Taking the time to check on family and friends, especially those unable to leave their home for any reason. You might be surprised by the impact you'll have on those who you connect with.



[Report your Volunteer Hours](#)

Search for *Buddy Check* Event

NYC Emergency Management **CERT** | **MENTOR PROGRAM**

Are you interested in becoming a mentor to new NYC CERT members?

All Volunteer leadership should be encouraging active members to serve in a mentor role in order to support both their growth as leaders and provide new opportunities for newer members to become more engaged.

Complete the [NYC CERT Mentor Program form](#) to let us know if you'd like to be a mentor or mentee. Complete the [Matching Questionnaire](#) to help pair the mentor to a mentee. Both forms must be filled out to participate in the program.

[NYC CERT online platform](#) includes online courses to support volunteer growth.

Schedule free training for your Division here : [FDNY Smart Fire Safety](#).

[FEMA Region 2 \(R2\) Webinar Catalogue](#) includes all recorded webinars.

ADVANCED TRAINING



Active Shooter Training

CISA instructs on how to better prepare you to deal with an active shooter situation, focusing on behaviors that represent pre-incident indicators and characteristics of active shooters, potential attack methods, how to develop emergency action plans, and the actions that may be taken during an incident.

[Registration | Wed, Jan 24, 2024 at 6:30PM](#)

Human Trafficking Awareness Presentation

**Please note: This training originally*

*scheduled for Monday, January 29, 2024 has been postponed. Reschedule date is TBD.**

Learn how to define and understand the severity and scope of human trafficking, identify red flags of trafficking, the intersections between intimate partner violence and human trafficking, and trauma-informed lens, resources, and tools to increase efficacy in supporting survivors of trafficking.



Radiological/Nuclear WMD Awareness

NY State Homeland Security & Emergency Services provides fundamental knowledge regarding recognition of the threat or incident.

How to sign up?

1. If you do not have a DHSES account please create one here: [DHSES LMS New Account Request](#)
2. Under DHSES available trainings search for: Introduction to Radiological/Nuclear WMD Operations (AWR-140) (04-20-0140) - 007
3. Fill out the questionnaire to register (No forms needed to attach)
4. Under additional contact information/supervisor information enter: CERTtraining@oem.nyc.gov
5. Submit Request

[Event Registration instructions and more information](#)

NYC CERT VOLUNTEER ACTIVITY

Brooklyn Division 1 and 2 Assist FDNY and Red Cross



On Monday, January 15, 2024, Brooklyn Division 1 Chief, Lisa Mauer, and Brooklyn Division 2 Member, Christine Doyle, teamed up with the FDNY and Red Cross to provide a crucial service to their community. Together, they installed smoke alarms and provided education to households in the divisions. We are grateful for their service and commitment to the community.

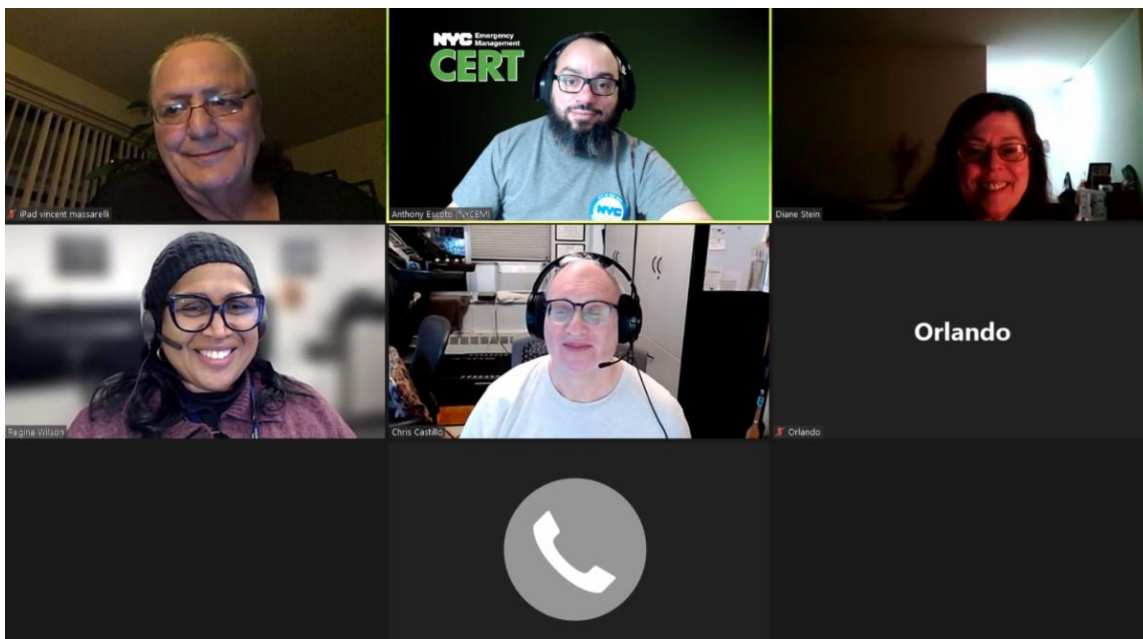


Manhattan Division 3 Monthly Meeting



On January 17, 2024, Alex Frost led the Monthly Team Meeting with the support of Beth Rowan. Volunteers reviewed recent events and upcoming trainings. Team addressed feedback from recent training. The Division also introduced a new virtual FEMA R8 game. Additionally, the team discussed the concept of rotating leadership for future meetings. It was an informative and productive meeting.

Manhattan Division 1 Monthly Team Meeting



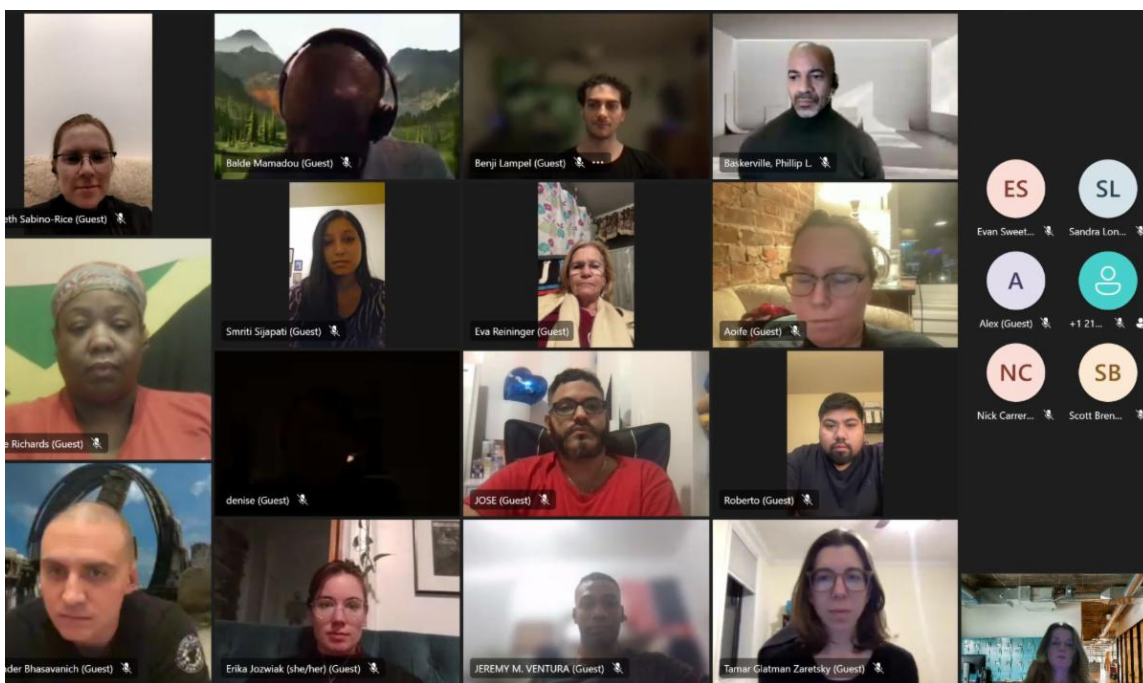
On January 18, 2024, Manhattan Division 1 held a productive virtual meeting, led by CERT staff. The team welcomed new members and considered the possibility of welcoming back past members. Additionally, they bid farewell to member Diane Stein and expressed their gratitude for her service and contributions. They also discussed growth and development within the team as members showed interest in leadership and the Radio Committee.

Manhattan Division 4 Monthly Team Meeting



On January 18, 2024, Manhattan Division 4 conducted a hybrid monthly team meeting, led by Division Chief Allan Goldberg. The team checked in with each member during a round-table style meeting. CERT staff provided updates.

CERT Orientation



Another CERT Orientation session was held this past Wednesday eve, January 17th for new applicants interested in registering for the upcoming Basic training. Many pro-actively searched for volunteer opportunities and found NYC CERT to be a good fit, while others hailed from other National CERT teams in other states. Whatever way they heard about it, they all shared an interest in helping their communities before, during and after emergencies. Maybe you will see some of them joining your divisions in late March!

[Download the NYC CERT Background](#) for use during CERT meetings and training in a virtual environment (e.g. Microsoft Teams, Zoom, etc.)





How To Request NYC CERT

If approached to support an event in your community, the following steps must be taken:

- Event organizer submits an official request using the [NYC CERT External Request Form](#).
- NYC CERT Leadership *should not* submit form on behalf of the event organizer.
- For events lead by a NYC CERT Division, volunteer leadership (Ready New York Liaison, if a preparedness event) should submit this [Event Request form](#)

NYC CERT program staff will review all requests. If approved, program staff will add the volunteer opportunity to the [NYC CERT Event Calendar](#)

with a registration link. If more details are required for approval, program staff will use the contact information provided in the request form to connect with the organizer.

NYC CERT External Request Form: <https://on.nyc.gov/CERTrequest>

Find the NYC CERT Protocols here: [NYC CERT SOPs](#)

Schedule a meeting with NYCEM staff: [NYC CERT Volunteer Support](#)



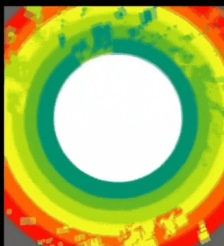
[NYCEM's YouTube page](#)
[NYC CERT recruitment video](#)
[2021 National Volunteer Week video](#)



[Resolve to Be Ready Calendar](#)
Regular reminders in simple steps that can help you work preparedness into your busy schedule.



Listen to the all episodes of NYCEM's two podcasts, Prep Talk ([SoundCloud](#), [iTunes](#) & [Spreaker](#)) and ¡Prepárate! on [SoundCloud](#).



[KNOW YOUR ZONE](#) is your destination for everything you need to know about hurricanes in New York City.

You'll find information about the city's hurricane evacuation zones, the hazards you may face from a hurricane, and what to do to prepare.



JOSEPH PUPPELLO
Director
Volunteer Programs



ANTHONY ESCOTO
Program Manager
Training & Exercises



DENISE ESPOSITO
Specialist
Recruitment & Retention



REGINA WILSON
Specialist
CERT Leadership



GABRIEN ZERVOS
Specialist
Operations & Engagement



AMY JOY ROBATEAU
AmeriCorps
Member



Schedule a meeting with NYC CERT Staff:
<https://on.nyc.gov/bookCERT>

Choose a Topic:

CERT Pick-up
(In-Person)

NYC CERT
Operations

Advanced
Training

Exercises
& Tabletops

General
Questions

CERT ID
Questions

Leadership
Interest

Borough
Discussion

Division
Discussion



NYC Emergency Management | [NYC.gov/emergencymanagement](https://nyc.gov/emergencymanagement)
[\[Click here to view as a webpage\]](#)



NYC Emergency Management Communications Network | 165 Cadman Plaza East, Brooklyn, NY 11201

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