

FOR IMMEDIATE RELEASE

#42-17

**NYC EMERGENCY MANAGEMENT SPONSORS 5K & 10K MARATHONS AND
EMERGENCY PREPAREDNESS FAIR ON ROOSEVELT ISLAND**

The New York City Emergency Management Department teamed up with NYC Runs to host the Squirrel Stampede 5K and 10K races and preparedness fair on Roosevelt Island on Sunday. The event was part of the National Preparedness Month campaign to promote emergency preparedness.

“Our goal is to prepare every single New Yorker for any type of emergency they may encounter. We are happy to partner with NYC RUNS to help spread the importance of personal preparedness to as many people as possible,” said **NYC Emergency Management Commissioner Joseph Esposito**.

The NYC RUNS 5K & 10K races began at the Roosevelt Island Tram Station – 405 Main Street. From there, runners headed north along the Manhattan side of the island. They made their way around Lighthouse Park, and then headed along the Queens side of the island before they finished the race at the tram station. Joseph Brancate of Staten Island and Carine Sudres of Manhattan took the top place for men and women in the 5K race. The winners of the 10K race were Gregory Clark and Christy Vachal, both residents of Manhattan.

In addition to both races, NYC Emergency Management hosted a preparedness fair to distribute information about what New Yorkers can do to prepare for emergencies. The materials featured tips on how to prepare for hurricanes, how to make an emergency plan, and how to pack a Go Bag. New Yorkers also received information on how to sign up for the new Notify NYC App. The preparedness fair was part of NYC Emergency Management’s outreach initiative, which brings specialists together with community residents to discuss emergency preparedness and planning.

National Preparedness Month is a month-long, nationwide campaign, sponsored by the U.S. Department of Homeland Security, to promote emergency preparedness and encourage volunteerism. Each September, the NYC Emergency Management Department organizes activities throughout the city and distributes information, host demonstrations, and leads preparedness presentations. For more information about National Preparedness Month, visit NYC.gov/readyny, download the [Notify NYC app](#), and follow the New York City Emergency Management on [social media](#).

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Deputy Commissioner of External Affairs Christina Farrell addresses runners prior to start of the Squirrel Stampede 5K race, Sunday, September 24, 2017 on Roosevelt Island, NY.



New York Emergency Management along with CERT distributes materials to runners during Squirrel Stampede 5K race, Sunday, September 24, 2017 on Roosevelt Island, NY.



Assistant Commissioner of Community Outreach Herman Schaffer addresses runners prior to the start of the Squirrel Stampede 10K race, Sunday, September 24, 2017 on Roosevelt Island, NY.



Runners participating in the Squirrel Stampede 10K race, Sunday, September 24, 2017 on Roosevelt Island, NY.