

Prepare Your Community to Beat The Heat

TEST YOUR KNOWLEDGE about staying safe in the heat by taking this [quiz](#).



Heat Illness

Heat illness occurs when the body cannot cool down. The most serious forms of heat illness are heat exhaustion and heat stroke.

Signs of Heat Illness

Serious signs of heat illness include:

- Hot, dry skin OR cold, clammy skin
- Confusion, hallucinations, disorientation
- Unconsciousness or unresponsiveness
- Nausea or vomiting
- Trouble breathing
- Rapid, strong pulse
- Weakness
- Dizziness

Call 911 or go to the emergency room right away if you or someone you know has these symptoms of heat illness:

- Heavy sweating
- Muscle cramps
- Light headedness, feeling faint
- Headache
- Decreased energy
- Loss of appetite, nausea

HEAT TERMS

Heat Index

An estimate of how it feels when air temperature and humidity are combined.

Heat Emergency

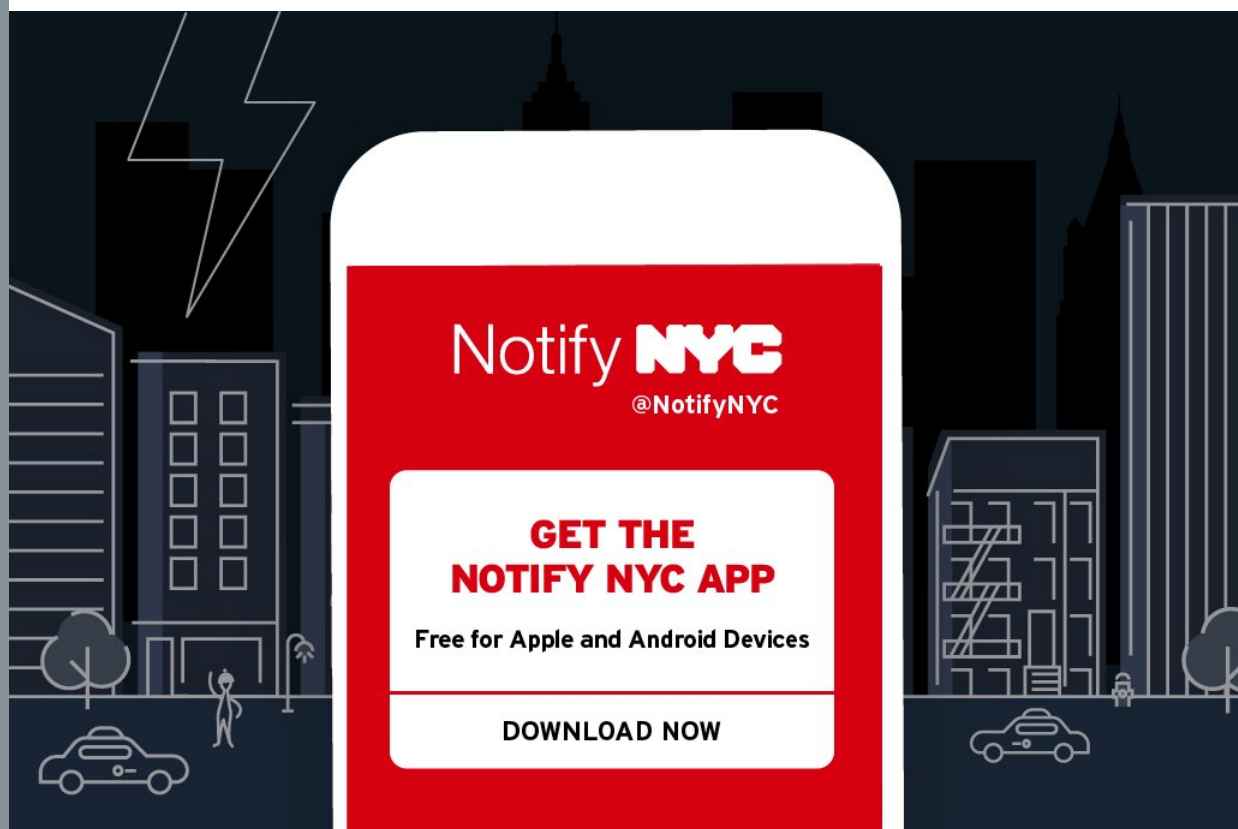
Based on the heat index forecast, the National Weather Service could issue:

Heat Advisory: Issued when the heat index is expected to reach 95°F to 99°F for two or more consecutive days, or 100°F to 104°F for any length of time.

Excessive Heat Watch: issued when the heat index is forecast to reach or exceed 105°F for at least two consecutive hours in the next 24 to 48 hours.

Excessive Heat Warning: issued when the heat index is forecast to reach or exceed 105°F for at least two consecutive hours within the next 24 hours.

During heat emergencies, the City will open cooling centers throughout the five boroughs. Visit the [Cooling Center Finder](#) or contact [311](#) (212-639-9675) for Video Relay Service, or TTY: 212-504-4115) to find out whether a cooling center is open near you.



Sign up to receive alerts from the City's official source for information about emergencies. Or following [@NotifyNYC](#) on [Twitter](#).

PLAN NOW FOR THE UNEXPECTED

No-notice events can take many forms in New York City and can affect you even if they happen in a different borough or neighborhood. The PlanNowNYC website can give you basic information and simple steps to take to be prepared and take action.

Visit [NYC.gov/plannow](https://www.nyc.gov/plannow) so that we can all be ready together.

Press Release

The New York City Emergency Management Department announced seven additional community networks across the city have completed the Strengthening Communities program. These networks represent a wide range of community groups that offer important social services in areas most deeply affected by such emergencies as the COVID-19 pandemic and coastal storms. These local leaders were taught how to build emergency preparedness plans to better support their communities before and after an emergency. [Read more.](#)

[Click Here to View the Video](#)

Interim Flood Protection Measures Program

The Interim Flood Protection Measures program is designed to protect critical facilities, infrastructure, and low-lying areas in New York City from flooding caused by a hurricane.

NYC Emergency Management manages the IFPM program in collaboration with the Mayor's Office of Resiliency, and several other City agencies.



A HESCO® barrier.



A Tiger Dam™.



A flood barrier panel.

The flood protection measures include:

- HESCO® barriers: fabric-lined wire mesh cubes filled with compacted sand. These are often pre-deployed and placed where they do not impede traffic or use of a site.
- Tiger Dams™: giant water-filled flexible fabric tubes designed to withstand floodwaters that are deployed 24 to 72 hours before a coastal storm.
- Flood barriers: aluminum-based "walls" that can be placed in doorways, garages, and other open areas into a building that are deployed "just in time."

Contact the Interim Flood Protection Measures program through the [contact webform](#) or call **311** (212-639-9675 for Video Relay Service, or TTY: 212-504-4115).



Ready New York Question of the Week

How often are hurricane names repeated?

- a) 3 years
- b) 6 years
- c) 9 years
- d) 12 years

See the correct answer [here](#)

UPCOMING EVENTS

Tonight!

Join NHS Brooklyn as they host a free webinar on **Heatwaves, Health & Hurricanes - Top 10 Ways to Protect Your Life & Property.**

It is not too late to register. Follow this [link](#) and join in on the presentation tonight.



HEATWAVES, HEALTH & HURRICANES

Top 10 Ways to Protect Your Life & Property

Free webinar on:

W e d n e s d a y

- Staying cool this summer

J u l y 6

- Reducing utility costs

6 - 7 : 3 0 p m

- Extreme weather damage

- Free Resources

- More!

Register

www.nhsbrooklyn.org/upcoming-events

Save The Date

The Community Preparedness Team is facilitating two webinars for the coastal storm season. Both webinars are designed to provide community and faith leaders with best practices, resources and outline what the City's actions are along with what the City needs from community during coastal storm + flooding emergencies.

How Community & Faith Leaders Can Prepare for Coastal Storms

Thursday, July 21st 1:00 PM – 2:00 PM

Registration is open to NYC public: https://nycem-nyc.zoom.us/webinar/register/WN_2nLsgkRZRCSMEaZs3ImAHg

Understanding Flood Awareness and Preparedness for Community & Faith Leaders

Thursday, July 28th 1:00 PM – 2:00 PM

Registration is open to NYC Public: https://nycem-nyc.zoom.us/webinar/register/WN_oCKIT1gqRhOXBS7AgJJUxA

FloodHelpNY

More than 60% of New Yorkers with flood insurance could see a price increase this year, according to FloodHelpNY. Will your premiums go up? Get advice and support at the FloodHelpNY Flood Insurance Webinar on July 13. Sign up at: <http://floodhelpny.org/en/risk-rating>



Questions about your flood insurance?
FloodHelpNY has answers.

Join the webinar:
July 13
floodhelpny.org/en/risk-rating

NYC
Emergency
Management

The graphic features a blue background with white and yellow text. At the bottom, there are yellow silhouettes of a multi-story building and a house, partially submerged in a light blue wave representing flood water. The NYC Emergency Management logo is positioned at the bottom center.

Climate Refugees: Supporting Receiving Communities



After Hurricane Maria hit Puerto Rico in 2017, within the first year, about [130,000 people](#) fled the island. More than one-third of them [moved to Florida](#).

Seventeen years after Hurricane Katrina, [30,000 people from New Orleans remain](#) in Houston, and tens of thousands more are displaced around the state and the remainder of the country. The city has regained only [80% of its pre-storm population](#).

A [February 2022 report from the Intergovernmental Panel on Climate Change](#) found that: “Over the next 30 years, 143 million people are likely to be uprooted by rising seas, drought, searing temperatures and other climate catastrophes.”

Despite its common usage, “climate refugees” are not a recognized class of people and are not protected under [International Refugee Laws](#).

The Center for Disaster Philanthropy is hosting a webinar on **July 14, 2022 2 p.m. ET / 1 p.m. CT** to provide funders with information about the [issue of climate migration](#). For more information, [Visit](#) or [REGISTER HERE!](#)



City of Water Day brings together communities throughout the New York and New Jersey metropolitan region to raise awareness about the risk we all face from floods and rising seas, and champion climate resilient shorelines and waterfront communities.

City of Water Day is July 16, 2022

City of Water Day—this year on Saturday, July 16—is a region-wide day, organized by the Waterfront Alliance and its partners, to raise awareness about the risk we all face from sea level rise and climate change. A featured component of the day will be Art at the BlueLine, a climate-focused art exhibition hosted by Waterfront Alliance. Join us in Lower Manhattan’s Seaport at the many local events occurring In Your Neighborhood throughout New York City and New Jersey! Stay updated on where events will be taking place in, and around, your neighborhood by checking [this website](#).

National AFN Symposium

The National AFN Symposium will bring the disability community together with emergency managers, disaster planners, and first responders from across the country in an online forum to foster an environment of trust and understanding vital to advancing the mission of access and functional needs throughout the nation.

We strive to ensure inclusive, accessible meetings that enable all individuals, including individuals in access and functional needs communities, to engage fully. American Sign Language (ASL) and CART services will be available during our symposium. To request additional accommodations or for inquiries about accessibility, please contact the organizers at OAFN@caloes.ca.gov by July 5, 2022 COB.

The National Symposium will be July 19-20, 2022 from 12:00pm – 3:00pm (Eastern). The Symposium is sponsored by the American Red Cross and Big City Emergency Managers (BCEM). There is no cost to register. Follow this [link](#) to register.

National AFN Symposium

July 19-20, 2022 – 12-3 PM ET Daily

This online event will highlight forward-leaning, inclusive, innovative practices in emergency management.



Organizers



Cal OES
GOVERNOR'S OFFICE
OF EMERGENCY SERVICES



COLORADO
Division of Homeland Security
& Emergency Management
Department of Public Safety



Sponsors



American
Red Cross



STEP UP TO STOP THE SPREAD, NYC!

GET 
VACCINATED
AND BOOSTED

GET
TESTED 

if you have symptoms,
were exposed, or traveled

MASK
UP 

to protect yourself and those around you

STAY
HOME 

if you are feeling sick

For more information,
visit nyc.gov/covidvaccine
or call **877-VAX-4NYC**.

NYC VACCINE FOR ALL:
SAFE, FREE, EASY

NYC
Health

NYC Emergency Management is Hiring

NYC Emergency Management has some exciting employment opportunities available! They can be viewed on the NYC Careers [website](#).

NYC Emergency Management is staffed by over 200 dedicated professionals who are committed to serving the City in a crisis. We are looking for candidates who have a passion for preparing New Yorkers for the next emergency and responding when a crisis hits the City.

Learn More About NYC Emergency Management Community

