Newsletter #5

From: recruitment@fdny.nyc.gov [mailto:recruitment@fdny.nyc.gov] Sent: Saturday, April 08, 2017 6:06 PM To: Williams, Dana (FDNY) Subject: Join Me in Making History in the FDNY

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APRIL 2017

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Dear DANA WILLIAMS:

I'm happy to announce that our Firefighter filing period is now open and it's officially time to start your journey to join the career of a lifetime.

As the first FDNY Women's Outreach Coordinator, I know first-hand that women can do this job. I also want you to know that we're a family here at the FDNY and there's great support here to assist you in working for our heroic Department. Join me in making history in the FDNY by applying for our Firefighter exam. You can also visit one of our exam filing sites in-person to get registered. To select a location, check out our interactive map.

Good luck with the application process and I look forward to seeing you at our upcoming Firefighter training events! You can also learn more about my journey to the FDNY here.

Firefighter Jackie-Michelle Martinez FDNY Women's Outreach Coordinator

Meet Ladder 29 Firefighter Sarina Olmo

"If you're a mom and a woman and want to join the FDNY - I did it and you can do it too." - Firefighter Sarina Olmo of Ladder Company 29. Watch her story.

Vulcan Society/UWF to Host a Firefighter 5K Race

The FDNY United Women Firefighters and Vulcan Society are hosting their Inaugural Are You Brave Enough event on April 8 at St. Mary's Park in the Bronx from 9 a.m. 5 p.m. The event will feature a Firefighter-themed 5K Adventure Race, CPR Training, a free community festival, games, prizes and much more. To register, click here.

Firefighter Hopefuls Train with New York's Bravest Women

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Shout out to all of the aspiring FDNY Firefighters who came out to train with our lady Firefighters on April 1 as part of our Women's History Month Event at "The Rock" on Randall's Island. During the event, the Firefighter hopefuls learned about our Firefighter exam and its requirements, as well as trained in different drills with New York's Bravest women. View full article and photos here.

Free Training for Aspiring Women Firefighters

As you exercise on your own to get ready to become a FDNY Firefighter, don't forget that the United Women Firefighters (UWF) offers free workout sessions at the New York Sports Club-City Hall every Tuesday at 7:30 p.m. and Sunday at 12 p.m. Members of New York's Bravest women help to lead the trainings and each session is specifically designed to improve the Firefighter fitness of women. For more information, click here.

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