

Prepare Your Community to Beat The Heat

TEST YOUR KNOWLEDGE about staying safe in the heat by taking this <u>quiz</u>.



Heat Illness

Heat illness occurs when the body cannot cool down. The most serious forms of heat illness are heat exhaustion and heat stroke.

Signs of Heat Illness

Serious signs of heat illness include:

- Hot, dry skin OR cold, clammy skin
- Confusion, hallucinations, disorientation
- Unconsciousness or unresponsiveness
- · Nausea or vomiting
- Trouble breathing
- · Rapid, strong pulse
- Weakness
- Dizziness

Call 911 or go to the emergency room right away if you or someone you know has these symptoms of heat illness:

- Heavy sweating
- Muscle cramps
- Light headedness, feeling faint
- Headache
- Decreased energy
- · Loss of appetite, nausea

KNOW THE TERMS

Heat Index

An estimate of how it feels when air temperature and humidity are combined.

Heat Emergency

Based on the heat index forecast, the National Weather Service could issue:

Heat Advisory: Issued when the heat index is expected to reach 95°F to 99°F for two or more consecutive days, or 100°F to 104°F for any length of time.

Excessive Heat Watch: issued when the heat index is forecast to reach or exceed 105°F for at least two consecutive hours in the next 24 to 48 hours.

Excessive Heat Warning: issued when the heat index is forecast to reach or exceed 105°F for at least two consecutive hours within the next 24 hours.

During heat emergencies, the City will open cooling centers throughout the five boroughs. Visit the <u>Cooling Center Finder</u> or contact <u>311</u> (212-639-9675) for Video Relay Service, or TTY: 212-504-4115) to find out whether a cooling center is open near you.

Community Preparedness Webinars

The Community Preparedness Team is facilitating two webinars for the coastal storm season. Both webinars are designed to provide community and faith leaders with best practices, resources and outline what the City's actions are along with what the City needs from community during coastal storm + flooding emergencies.

How Community & Faith Leaders Can Prepare for Coastal Storms

Thursday, July 21St 1:00 PM - 2:00 PM

Registration is open to NYC public: https://nycem-nyc.zoom.us/webinar/register/WN_2nLsgkRZRCSMEaZs3lmAHg

Understanding Flood Awareness and Preparedness for Community& Faith Leaders

Thursday, July 28th 1:00 PM - 2:00 PM

Registration is open to NYC Public: https://nycem-nyc.zoom.us/webinar/register/WN oCKIT1ggRhOXBS7AgIJUxA

NYC Emergency Management Mention

The New York City Emergency Management Department announced seven additional community networks across the city have completed the Strengthening Communities program. These networks represent a wide range of community groups that offer important social services in areas most deeply affected by such emergencies as the COVID-19 pandemic and coastal storms. These local leaders were taught how to build emergency preparedness plans

to better support their communities before and after an emergency. Read more.

Click Here to View the Video

Nuclear Preparedness Public Service Announcement Launch

First Deputy Commissioner Christina Farrell was interviewed by 1010 WINS to discuss the Nuclear Preparedness PSA launch. <u>Listen here.</u>

Three steps New Yorkers should take if a nuclear attack were to occur:

Step One:

Get inside, fast! Get into a building and move away from windows.

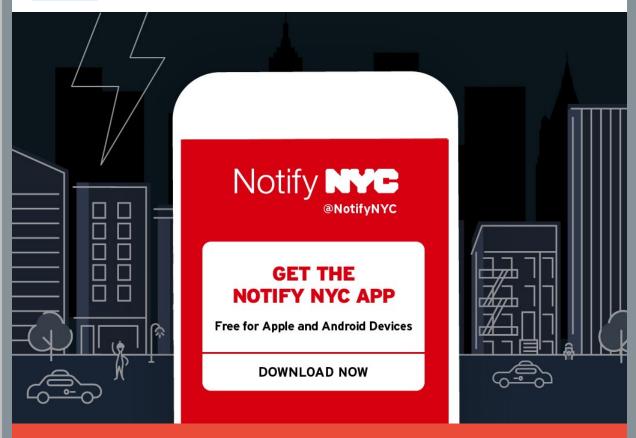
Step Two:

Stay inside. Shut all doors and windows. If you have a basement, head there.

Step Three:

Stay tuned and follow the media for all information.

Don't forget to sign up for **NotifyNYC**. Watch the video <u>here.</u> or Visit this website.



Sign up to receive alerts from the City's official source for information about emergencies. Or following @NotifyNYC

on Twitter.

PLAN NOW FOR THE UNEXPECTED

No-notice events can take many forms in New York City and can affect you even if they happen in a different borough or neighborhood. The PlanNowNYC website can give you basic information and simple steps to take to be prepared and take action.

Visit NYC.gov/plannow so that we can all be ready together.

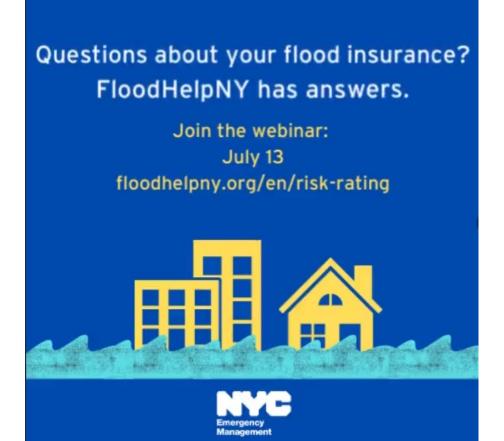
Rainfall Ready NYC Action Plan

New York City **Mayor Eric Adams**, New York City Department of Environmental Protection **(DEP) Commissioner Rohit T. Aggarwala**, and New York City Emergency Management **(NYCEM) Commissioner Zach Iscol** released the Rainfall Ready NYC action plan — a plan to prepare the city government and everyday New Yorkers for more extreme rainfall in the future.

First Deputy Commissioner Christina Farrell was interviewed by CBS 880 to discuss **Rainfall Ready** and how New Yorkers can prepare for rain events during the hurricane season. <u>Listen here</u>.

FloodHelpNY

More than 60% of New Yorkers with flood insurance could see a price increase this year, according to **FloodHelpNY**. Will your premiums go up? Get advice and support at the **FloodHelpNY** Flood Insurance Webinar **TODAY** @ 6:00 **PM**. **Sign up at:** http://floodhelpny.org/en/risk-rating



Protect the life you've built with flood insurance.



Interim Flood Protection Measures Program

The Interim Flood Protection Measures program is designed to protect critical facilities, infrastructure, and low-lying areas in New York City from flooding caused by a hurricane.

NYC Emergency Management manages the IFPM program in collaboration with the Mayor's Office of Resiliency, and several other City agencies.











A flood barrier panel.

The flood protection measures include:

• HESCO® barriers: fabric-lined wire mesh cubes filled with compacted sand. These are often pre-deployed and placed where they do not

- impede traffic or use of a site.
- Tiger Dams[™]: giant water-filled flexible fabric tubes designed to withstand floodwaters that are deployed 24 to 72 hours before a coastal storm.
- Flood barriers: aluminum-based "walls" that can be placed in doorways, garages, and other open areas into a building that are deployed "just in time."

Contact the Interim Flood Protection Measures program through the **contact webform** or call **311** (212-639-9675 for Video Relay Service, or TTY: 212-504-4115).



Ready New York Question of the Week

Which hurricane name has not been retired from use?

- a) Greta
- b) Hazel
- c) Klaus
- d) Omar

See the correct answer <u>here</u>

UPCOMING EVENTS

Rational Prepping: What is it? Why is it growing? How to get started?

TODAY from 1:00 PM to 2:00 PM ET

Please join the Region 2 National Preparedness Division's guest speaker **John Ramey**, founder of **ThePrepared.com**, which The New York Times called "the leader of the [sane prepping] movement." ThePrepared.com is the largest and most-trusted online community for prepping education, training over 10 million people in recent years.

Who should attend? The whole community: individuals and families, volunteer and faith-based organizations, local, state, federal government and private sector.

Registration: https://fema.connectsolutions.com/theprepared/event/registration .html

Active Shooter Preparedness Webinar @ Zoom



DATE

Thursday, July 14, 2022

TIME

10:00 AM - 12:00 PM

Register Here!

The Cybersecurity and Infrastructure Security Agency within the U.S. Department of Homeland Security is hosting a 2-hour Security Webinar to enhance awareness of, and response to, an active shooter incident.

Objectives

- Discuss the elements of active shooter incident response planning with guidance from expert instructors.
- Describe common behaviors, conditions, and situations associated with active shooter events.
- Discuss how to recognize potential workplace violence indicators.
- Provide information about best practices, communications protocols, and resources that will assist stakeholders to develop or enhance their emergency planning, preparedness, and response to active shooter incidents.

Climate Refugees: Supporting Receiving Communities



After Hurricane Maria hit Puerto Rico in 2017, within the first year, about 130,000 people fled the island. More than one-third of them moved to Florida. Seventeen years after Hurricane Katrina, 30,000 people from New Orleans remain in Houston, and tens of thousands more are displaced around the state and the remainder of the country. The city has regained only 80% of its pre-storm population.

A February 2022 report from the Intergovernmental Panel on Climate Change found that: "Over the next 30 years, 143 million people are likely to be uprooted by rising seas, drought, searing temperatures and other climate catastrophes."

Despite its common usage, "climate refugees" are not a recognized class of people and are not protected under International Refugee Laws.

The Center for Disaster Philanthropy is hosting a webinar on **July 14, 2022 2:00 PM. ET / 1 PM. CT** to provide funders with information about the issue of climate migration. **For more information,** <u>Visit</u> or <u>REGISTER HERE!</u>



"Preparing NYC Religious Leaders to Weather the Climate Storm"



NYDIS Faith Sector Community Preparedness Program's Summer 2022 "Lunch n Learn" Webinar Series

Grab your lunch and join the ZOOM conversation!

Date

Fri, July 15, 2022, 12:00 PM -1:00 PM

Lowering the energy footprint of your house of worship will increase your faith building's resiliency in times of crisis. In this webinar, faith building expert Stephen Collette (BBEC, BBNC, LEED AP, CAHP, BSSO) will take you on a "virtual" House of Worship tour to give users of religious buildings a range of DIY energy & \$ savings options.

Green Your
House of
Worship: Save
\$ and Increase
Resiliency

Date

Thu, July 28, 2022, 12:00 PM - 1:00 PM

NYC's hurricane season is getting longer and more intense. Federal Emergency Management Administration (FEMA) Resilience Specialist, Thomas Song, will answer your questions about flood insurance. Is my House of Worship in a flood zone? Do I really need flood insurance? How can my House of Worship apply for federal flood insurance?

Flood Insurance for NYC Houses of Worship

Free Registration: http://nydisnet.eventbrite.com

Questions? Email LCUMMINGS@NYDIS.ORG



Celebrate City of Water Day! Find an In Your Neighborhood event near you!

The 15th annual <u>City of Water Day</u> returns to the shores of the metropolitan region on Saturday, July 16, 2022, as a day to celebrate the waters that surround our region and to raise awareness about current and future impacts of climate change and sea level rise.

More than 60 communities in New York and New Jersey will host their own In Your Neighborhood events to celebrate the importance of a resilient and equitably shared waterfront. From free kayaking to hands-on water quality workshops to art projects, these independently produced events offer community members opportunities to engage with their local waterfront.

This year's In Your Neighborhood theme centers on how the power of the creative arts can help us address the climate crisis. To find an activity near you, check out this map from the New York—New Jersey Harbor & Estuary Program For a list of events in your neighborhood, click here.

View the Map

National AFN Symposium

The National AFN Symposium will bring the disability community together with emergency managers, disaster planners, and first responders from across the country in an online forum to foster an environment of trust and understanding vital to advancing the mission of access and functional needs throughout the nation.

We strive to ensure inclusive, accessible meetings that enable all individuals, including individuals in access and functional needs communities, to engage fully. American Sign Language (ASL) and CART services will be available during our symposium. To request additional accommodations or for inquiries about accessibility, please contact the organizers at OAFN@caloes.ca.gov by July 5, 2022 COB.

The National Symposium will be July 19-20, 2022 from 12:00pm – 3:00pm (Eastern). The Symposium is sponsored by the American Red Cross and Big City Emergency Managers (BCEM). There is no cost to register. Follow this <u>link</u> to register.

National AFN Symposium

July 19-20, 2022 - 12-3 PM ET Daily

This online event will highlight forward-leaning, inclusive, innovative practices in emergency management.

Organizers











Sponsors





Learn Fire 7/21/22 Safety Now. 4pm-5pm

SAVE THE DATE



The East Harlem COAD invite you to a

Virtual Seminar about

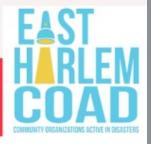
Fire Safety

Thursday, July 21,2022 at 4pm via Zoom

Presented by the FDNY Fire Safety Education Unit







STEP UP TO STOP THE SPREAD, NYC!









For more information, visit nyc.gov/covidvaccine or call 877-VAX-4NYC.





NYC Emergency Management is Hiring

NYC Emergency Management has some exciting employment opportunities available! They can be viewed on the NYC Careers website.

NYC Emergency Management is staffed by over 200 dedicated professionals who are committed to serving the City in a crisis. We are looking for candidates who have a passion for preparing New Yorkers for the next emergency and responding when a crisis hits the City.

Learn More About NYC Emergency Management Community

Preparedness - https://youtu.be/L250wy3o6r4