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## ***Final Newsletter of 2023***

### **3 Key Steps to Preparedness**

#### **Make Your Plan**

- Identify all possible exit routes from your home and neighborhood.
- Pick someone near your home that family or friends can call for support during a disaster.
- Pick an out-of-area contact that family or friends can call if separated during a disaster.
- Know where you will meet family, friends, or caregivers after an emergency. Pick two places to meet: one right outside your home and another outside your neighborhood, such as a library, community center,

or place of worship.

- Plan for everybody's needs, including seniors; people with disabilities, access and functional needs; children; non-English speakers; and pets and service animals.
- **Practice your plan** with your household members! Make sure everyone knows what to do in case of an emergency.

## Gather Supplies

Everyone in your household should have a Go Bag — a collection of things you would want if you have to leave in a hurry. Your Go Bag should be sturdy and easy to carry, like a backpack or a small suitcase on wheels.

You should also keep enough supplies in your home to survive on your own, or shelter in place, for up to seven days. If possible, keep these materials in an easily accessible, separate container or special cupboard. You should indicate to your household members that these supplies are for emergencies only. Check expiration dates of food and update your kits when you change your clock during daylight saving times.



**Don't forget to update your Go Bags and Emergency Supply Kits for the winter! For a list of supplies to get your Go Bag and Supply Kits started, [click here.](#)**

## Get Informed

- Sign up for **Notify NYC**, the City of New York's official, free emergency communications program, will alert New Yorkers if there is an emergency in your area. Register for emergency notifications by getting the free Notify NYC mobile application, visiting [NYC.gov/notifynyc](https://www.nyc.gov/notifynyc), contacting 311 or following @NotifyNYC on X (Twitter). (Notify NYC messages are available through many formats, including email, text messages, telephone, the Notify NYC website, RSS, Twitter, and American Sign Language videos.)
- The **Advance Warning System** provides emergency alerts and information to organizations that serve people with people with disabilities and others with access and functional needs. Sign up by visiting this link: <https://www.advancewarningsystemnyc.org/aws/>

- Follow local weather forecasts and warnings, and always keep emergency contact information easily accessible.



## APPLY: 9/29 Flash Flood Event SBA Disaster Loan

Eligible New York City residents and businesses in Manhattan, Brooklyn, Queens, and Staten Island affected by the significant flash flooding event on September 29, 2023, may now apply for low-interest disaster loans from the U.S. Small Business Administration. These loans are made available for those whose homes and/or businesses were damaged due to flooding. **The filing deadline to submit applications is February 2, 2024 for physical damage, and September 4, 2024 for economic injury.**



For more information about the loan terms, [click here](#).

For more information and to apply, please visit the SBADisaster Loan Portal by [clicking here](#).

For more information about flash flood event recovery and assistance with loan applications, [click here](#).

## Partner Spotlight

Many thanks to United Jewish Organizations (UJO) and Health Essentials for hosting SBA Disaster Loan Outreach Centers. If you need help with a loan application, they will be onsite until December 22nd.

## United Jewish Organizations

32 Penn Street  
Brooklyn, NY 11249

**Monday - Thursday:** 9:00 a.m. to 6:00 p.m.

**Friday:** 9:00 a.m. to 12:00 p.m.

**Saturday:** Closed

**Sunday:** 10:00 a.m. to 2:00 p.m.

*Permanently closes December 22, 2023 at 4:00 p.m. ET.*



## Health Essentials

2336 86th Street  
Brooklyn, NY 11214

**Monday-Friday:** 10:00 a.m. to 6:00 p.m.

**Saturday:** 10:00 a.m. to 2:00 p.m.

**Sunday:** Closed

*Permanently closes December 22, 2023 at 4:00 p.m. ET.*



## APPLY: Home Energy Assistance Program (HEAP) Applications Are Open

HEAP helps low-income households meet the cost of heating their homes. The benefit can pay for fuel, your utility source, and heating equipment replacement and repairs. The benefit is paid directly to the heating vendor or utility company.

For more information about eligibility and applying please click here:

<https://access.nyc.gov/programs/home-energy-assistance-program-heap/>



# Winter Preparedness Tips

**NO WIND**

**98.6°F**  
Average temperature of the human body

Under calm conditions, the body radiates heat, creating a layer of warmth between our skin and the cold surroundings.

**The Science of Wind Chill**

**WINDY**

**95°F**  
Hypothermia begins when our body temperature drops two to four degrees

But when it's windy, the moving air breaks up this insulating layer. It speeds up heat loss by whisking away the warmth from our skin.

Heat is moved away from our bodies.

weather.gov/winter

As we enter the winter months, protect yourself from the dangers of wind chill. Wear multiple layers, cover exposed skin, and seek shelter from strong winds to prevent rapid heat loss. Being mindful of wind chill helps safeguard against frostbite and hypothermia during harsh winter conditions. This is especially important for populations that are most at risk of the harmful effects of cold weather - the elderly, young children, those with chronic illnesses, outdoor workers, and those who are unhoused.

**Cold Impacts: Vulnerable Populations**

**NEWBORNS** **ELDERLY** **CHRONIC ILLNESS** **OUTDOOR WORKERS** **UNHOUSED**

Everyone is at risk from the dangers of extreme cold, but these groups are more vulnerable than most. Age and certain conditions make the body less able to regulate temperature.

- Dress in loose layers and cover all exposed skin
- Consume hot foods and warm drinks, but avoid caffeine and alcohol
- Limit or avoid time outdoors
- Check on family, friends and neighbors

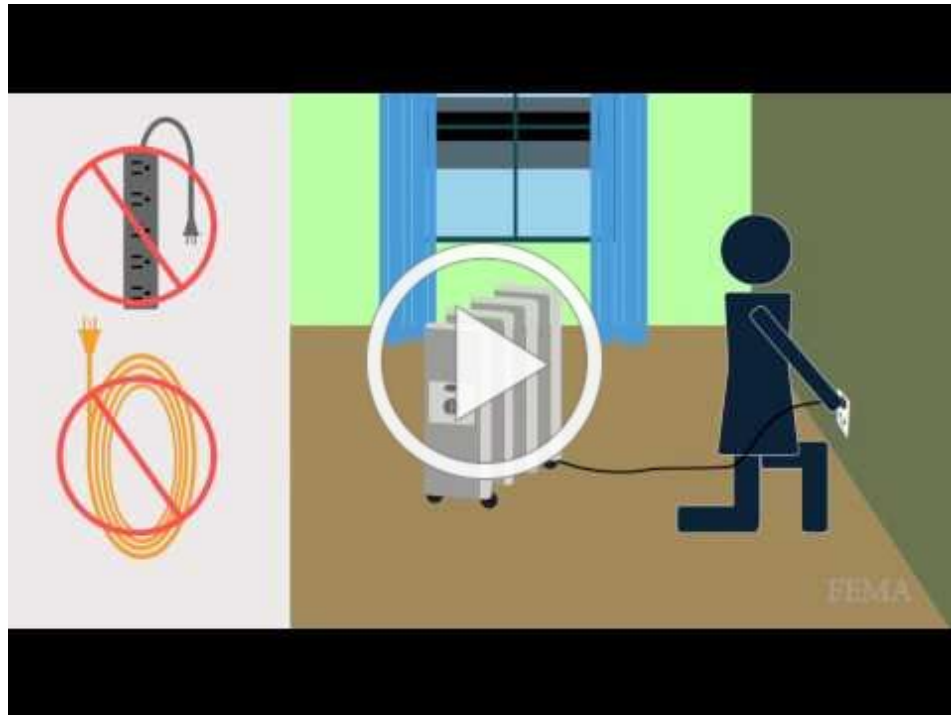
weather.gov

## Use Portable Heaters Wisely

1. Keep heaters on a solid flat surface at least three feet away from anything that can catch fire, like curtains or furniture.
2. Never leave them unattended.

3. Always plug them directly into an outlet - avoid extension cords.
4. Switch them off before leaving the room or going to bed.

Watch the video below from FEMA for more information on staying warm and safe while using portable heaters!



## DON'T FORGET YOUR PETS



Even with a natural fur coat, **winter can be deadly** for your pets unless proper care is given.



**Keep them warm and dry,** and indoors whenever possible.



**Provide plenty of food and water.** Dehydration is especially dangerous in winter.



**When outside, keep them bundled up.** Limit outside time, and thoroughly clean (including paws) when bringing them in



## General Info and Upcoming Events

### Dialysis in Disaster

Wednesday, December 13, 2023 | 1 pm - 2:30 pm ET

Please join the Region 2 National Preparedness Division and Quality Insights Renal Network for a

webinar on Dialysis in Disaster.

This webinar will address the role of the Access and Functional Needs (AFN) Planner at the NJ Office of Emergency Management (NJOEM) in assisting County AFN Coordinators, dialysis providers and patients, and other stakeholders



before, during and after disasters. An overview of NJOEM's Register Ready will be provided as well. The End Stage Renal Disease (ESRD) Network 3's Regional Emergency Preparedness Coordinator will cover what dialysis is and how receiving treatment can be impacted by an emergency event. Learn from firsthand experiences and lessons learned during hurricanes Irma and Maria. Additional topics will include preparedness and planning considerations for dialysis patients, their families, emergency responders, and dialysis facility staff.

Registration: <https://fema.connectsolutions.com/dialysisdisaster/event/registration.html>

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## Nonprofit Security Grant Program (NSGP) Winter Webinar Series

Tuesday, December 19, 2023 | 2pm - 3 pm ET OR  
Wednesday, December 20, 2023 | 3pm - 4pm ET

The Federal Emergency Management Agency's (FEMA) Grant Programs Directorate (GPD) invites interested organizations to attend upcoming webinars regarding the [Nonprofit Security Grant Program \(NSGP\)](#). The NSGP is a competitive grant awarded to nonprofit organizations at high risk of a terrorist or other extremist attack for the purposes of facility hardening and other security enhancements.



To register for the 12/19 webinar, [click here](#).

To register for the 12/20 webinar, [click here](#).

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**COVID-19 and Flu Season - Protect Yourself with Updated Vaccines**

# COVID-19 vaccines are still our best defense against the virus.



Over **600 million COVID-19 vaccine doses** have been given in the U.S. Studies show the COVID-19 vaccines are **safe** and have **prevented millions of hospitalizations** and **saved millions of lives**.



## Everyone age 6 months and older should get an updated COVID-19 vaccine.

The COVID-19 vaccines:

- Can reduce how severe your symptoms are if you get sick from COVID-19.
- Reduce your risk of being hospitalized and dying from COVID-19.
- Reduce your risk of developing long COVID.

While anyone can become very sick from COVID-19, vaccination is especially important — and lifesaving — for people who are age 65 and older, are pregnant, or have certain health conditions or disabilities.

Get an updated vaccine, even if you have had COVID-19 or been vaccinated before. The updated vaccines protect against current variants and strengthen your protection, which can decrease over time. Side effects from the vaccine — including headache, fatigue and soreness at the injection site — are generally mild to moderate and go away within a few days.

Most New Yorkers can still get a COVID-19 vaccine for free. For people with insurance, most health plans — including Medicaid and Medicare — will cover vaccination at no cost. Scan the QR code or visit [vaccinefinder.nyc.gov](https://vaccinefinder.nyc.gov) to find a vaccination site, including sites offering free vaccines for people without insurance.

Get your annual flu shot too. It is safe to get the COVID-19 and flu vaccines at the same time.

In addition, staying home when sick, testing, masking and washing your hands are important ways to reduce your risk of COVID-19 and other viruses. If you have questions about COVID-19 vaccination, call 212-COVID-19 (212-268-4319) or talk to your health care provider.







LIVE

# YOUR LIFE.

**Need to talk to  
someone about your  
mental health  
or substance use?**

**We're only three numbers  
away. Call or text.**

988

**988 is your connection to free, confidential mental health support.**  
Talk, text or chat with a counselor and get access to mental health and  
substance use services. Available 24/7 in your language.\*



Call or text **988** or chat  
online at **[nyc.gov/988](https://nyc.gov/988)**.

**988** SUICIDE & CRISIS  
LIFELINE

**NYC**  
Health

Eric L. Adams  
Mayor  
Ashwin Vasani, MD, PhD  
Commissioner

\*Text and chat are only available in English and Spanish.

# We Are Hiring!

## Join the NYC Emergency Management Team



**New York City Emergency Management (NYCEM) is responsible for coordinating citywide emergency planning and response for all types and scales of emergencies. It is staffed by more than 200 dedicated professionals with diverse backgrounds and areas of expertise, including individuals assigned from other City agencies.**

**Our Mission:** NYC Emergency Management helps New Yorkers before, during, and after emergencies through preparedness, education, and response.

**Our Jobs:** NYC Emergency Management has a variety of vacancies within multiple bureaus across the agency – the jobs summaries below are simply a selection of the jobs available. For full job descriptions, go to [NYC.gov/jobs](https://www.nyc.gov/jobs), or scan the QR code below to be taken to the NYCEM Careers site to learn more.



**BUREAU: Community Engagement**

**Immigrant Engagement Specialist, \$57,500-\$65,000- Job ID# 607082**

The Community Engagement Specialist position requires a creative individual who has demonstrated excellent community development and communication skills. In addition to being a strong presenter, they must be able to manage and coordinate multiple projects and initiatives simultaneously. This position requires someone who has a working knowledge of New York City, its immigrant community and has shown commitment to developing community resilience. The selected candidate will be expected to work non-traditional hours to meet program needs including some evenings and weekends.

**BUREAU: Logistics**

**Logistics Program Manager, \$65,000-\$74,000 – Job ID# 592096**

New York City Emergency Management Department is looking for an innovative person with a passion for emergency management logistics. Applicants shall have a background in one or more of the following areas: emergency management logistics, humanitarian/mass care response logistics, mutual aid coordination, ground support logistics, logistics planning and/or other sectors of the logistics industry that would be able to contribute to NYCEM's disaster logistics planning and response efforts.

**BUREAU: Office of the Chief Financial Officer**

**Finance Specialist, \$57,500-\$65,000 – Job ID# 607058**

The Finance Specialist will work as part of the Finance Unit under the Office of the Chief Financial Officer and will be expected to support all related division activities. Under the direction of the Deputy Director of Finance, the Finance Specialist will administer grant funds and monitor spending for various bureaus and divisions within NYC Emergency Management.

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**Learn More About NYC Emergency Management Community Preparedness - <https://youtu.be/L250wy3o6r4>**

NYC Emergency Management Communications Network | 165 Cadman Plaza East, Brooklyn, NY 11201

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