

# City Health Information

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New York City Department of Health and Mental Hygiene

## SUMMARY OF GUIDANCE FROM *CITY HEALTH INFORMATION*, 2022

In 2022, *City Health Information* published clinical guidance on COVID-19, the monkeypox (mpox) outbreak, and other important health issues that we continue to face as a community. Here, we provide a summary of the year's topics not directly related to COVID-19 and mpox. For the latest updates on COVID-19 and mpox, see [COVID-19: Providers](#) and [Mpox: Information for Providers](#).

### PROMOTING ORAL HEALTH

CME credit (1) available until February 21, 2023

- Caries and periodontal disease can be prevented by limiting sugar intake, brushing teeth twice daily, and flossing daily.
- Examine the mouth for signs of oral disease and assess oral health risks, such as poor oral hygiene and alcohol or tobacco use.
- Educate patients about good oral hygiene and regular dental visits, and make referrals as appropriate.

[Read more](#)



### PREVENTING, DIAGNOSING, AND MANAGING TICKBORNE DISEASES

CME credit (1) available until July 20, 2023

- Hundreds of New Yorkers are diagnosed with a tickborne disease (TBD) each year. Reports of TBDs have been increasing in New York City (NYC) as the geographic range and seasonality of several tick species expands.
- Most New Yorkers diagnosed with a TBD reported travel to an endemic area, including upstate New York, Long Island, and surrounding states.
- Tick surveillance continues to identify blacklegged ticks in Staten Island and the Bronx, along with the emergence of Gulf Coast ticks in Staten Island, that have tested positive for several TBD pathogens.
- Locally acquired cases of Lyme disease and babesiosis continue to be reported in Staten Island and the Bronx.
- Be aware of endemic and emerging ticks and TBDs in and around NYC, how to test for TBDs or request assistance for specialized testing, and where to find guidance on treatment.

[Read more](#)



### INFLUENZA PREVENTION AND CONTROL, 2022-2023

CME credit (1) available until June 20, 2023

- Provider recommendation is one of the greatest predictors of vaccination. Ensure that you and your entire staff receive flu vaccine and counsel patients and caregivers on the benefits of flu vaccination.
- Use every opportunity to vaccinate all patients aged 6 months and older against influenza, especially those at risk of severe illness from influenza and COVID-19. All routine vaccines can be coadministered with flu vaccine, including COVID-19 vaccine.
- Vaccinate all children aged 6 through 59 months attending City-licensed and City-regulated childcare against influenza by December 31st of each year, as required by the New York City Health Code.
- Give inactivated flu vaccine to all pregnant persons in any trimester to prevent influenza infection and complications in the patient and infant.
- Administer high-dose, adjuvanted, or recombinant flu vaccine to patients aged 65 years and older.

[Read more](#)



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