



HEALTH ADVISORY

NEW YORKERS SHOULD LIMIT ACTIVITIES

COVID-19 CASES AND HOSPITALIZATIONS ARE INCREASING RAPIDLY IN NEW YORK CITY.

ADULTS OVER 65 AND PEOPLE WITH CERTAIN UNDERLYING HEALTH CONDITIONS ARE AT GREATER RISK FOR SEVERE COVID-19.

THEY AND THEIR HOUSEHOLD MEMBERS AND CAREGIVERS SHOULD:



Limit their activities outside of their home – only leave to go to work or school or for medical care or other essential needs, such as groceries and pharmacy items.



Avoid public spaces and gatherings.



Wear a face covering at all times when outside their home, indoors and outdoors.



Stay home if sick, except for getting medical care, including testing for COVID-19.



Not have visitors in their home, except for caregivers.

**IF YOU HAVE SYMPTOMS OF COVID-19, CALL YOUR DOCTOR.
IF YOU ARE HAVING A MEDICAL EMERGENCY, CALL 911.**

For more information, visit

nyc.gov/health/coronavirus



Bill de Blasio
Mayor
Dave A. Chokshi, MD, MSc
Commissioner