

Beat the Heat



BEAT THE HEAT

Indoor Safety Tips

When the Indoor Temperature in Your Home is in the 80°s Fahrenheit

People with pre-existing health conditions such as mental illness, heart conditions, and diabetes can be more vulnerable to heat. Speak with your doctor about your risk to heat.

On hot days:

- Close your shades or curtains to keep the sun from heating your home more during the day.
- Limit use of the stove and oven—it will make you and your home hotter.
- Taking a cool (but not freezing) shower or bath can help cool you down.

Extreme heat is one of the most significant hazards facing New York City. On average, 350 New Yorkers die each year because of heat. In New York City, most heat-related deaths occur after exposure to heat in homes without air conditioners. You can stay safe during hot weather by spending time in an air-conditioned space - a few hours of relief can reduce your risk of heat illness. If you don't have an air conditioner, you can apply for a free air conditioner through the Home Emergency Assistance Program (HEAP) by calling 311 (212-639-9675 for Video Relay Services, or TTY: 212-504-4115) or visiting: <https://on.nyc.gov/HEAPCooling>.



MONDAY RADIO ROLL CALL

Radio Channel
Bronx

07/22/2024
Responding Borough:
No Response

Scenario: What is your evacuation zone?

Documents to Review:
[Citywide Radio Drill Refresher](#)
[Call signs per Radio](#)

Heat Preparedness Canvassing Updates!

Local CERT divisions have been canvassing door-to-door in specific areas, chosen to account for Naturally Occurring Retirement Communities (NORCs) that fall within the heat vulnerability index. CERT volunteers are distributing Beat the Heat flyers, cooling towels and digital thermometers to residential homeowners and businesses. Number of flyers differ based depending on languages spoken in area.

See below for this week's canvassing efforts:

Seagate, Brooklyn



Brooklyn Division 5 members were out and about in the Seagate area in Brooklyn providing local residents with Beat the Heat Safety tips and resources available to all. Great Work!

Williamsburg, Brooklyn



The [NYC CERT Standard Operating Procedures \(SOPs\)](#) provides guidance and outlines policies and procedures for you and your team to follow.

[View and Download the Complete NYC CERT Basic Training Student Manual](#)



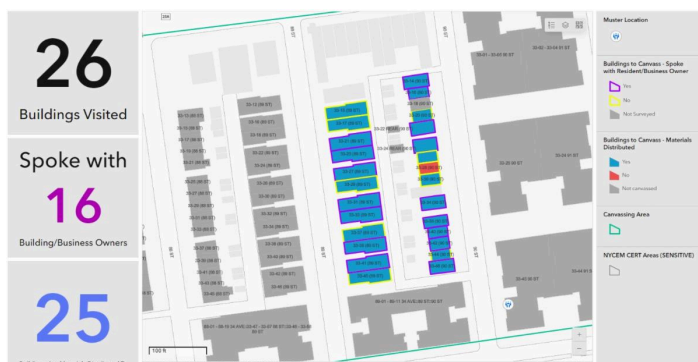
Brooklyn Division 1 continues to put themselves on the map, this time literally with their amazing support of the heat canvassing in the Williamsburg Area of Brooklyn. Thank you all!

Yorkville, Manhattan



Manhattan Division 3 CERT were out canvassing the Yorkville area of Manhattan this past week. They have another day planned to continue their efforts this weekend.

Jackson Heights, Queens



Due to a number of members unable to participate at the last minute, our Queens Borough Coordinator, Terese Flores along with Queens Division 2 member Angelo Miranda took to the streets yesterday to begin canvassing efforts in the Jackson Heights area of Queens on Thursday. Great work!

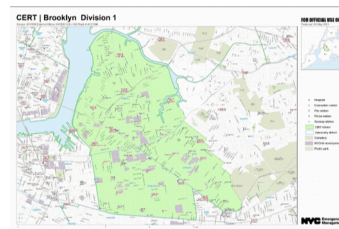
You may download the [Beat the Heat flyer](#) that is being distributed to community members throughout the city to better prepare friends and family for high temperatures this summer. It is available in multiple languages.



View the [NYC CERT Event Calendar](#) to see upcoming training, meetings, and planned deployments.

After you participate, be sure to [Submit Your Volunteer Hours!](#)

For more questions on how to submit your service hours you can view the [Hours Submission FAQs](#).



NYC CERT Division maps are available (pdf format) to support recruitment and preparedness planning in your community.

[Brooklyn](#) - [Bronx](#) - [Manhattan](#) - [Queens](#) - [Staten Island](#)

**READY
NEW YORK**

National Night Out



National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances. Millions of neighbors take part in National Night Out across thousands of communities from all fifty states, U.S. territories and military bases worldwide on the first Tuesday in August (Texas and select areas celebrate on the first Tuesday in October). Neighborhoods host block parties, festivals, parades, cookouts and various other community events with safety demonstrations, seminars, youth events, visits from emergency personnel, exhibits and much, much more.



Are you a member of volunteer leadership and having issues communicating with your local precinct? here is the Citywide NYPD Auxiliary Officer Contact list for National Night Out.

[View Citywide National Night Out Coordinator Contact list here](#)

If you're having difficulties connecting with NYPD, please reach out to CERT program staff for support.

How do you know what's your local Precinct? Use the [NYPD Find my Precinct tool here](#) Please use the usual methods of requesting Ready New York preparedness materials and adding events to the NYC CERT Calendar.

If your division is hosting or participating in an upcoming event, please complete the [Event Request form](#) to have your opportunity published through Eventbrite.com for members to register.

Your NYC CERT Ready New York Liaison can submit a [Ready New York Material Request](#) for upcoming events.



Update on Material requests

All requests will contain the following:

- My Emergency Plan - 50
- Hurricane Map - 50
- Notify NYC card - 50
- NYC CERT card - 50
- Give-a-ways will depend on availability

Note: Ready New York plastic bags and tablecloths are no longer available.

All Divisions 1, 3, and 5 IDs are Ready



Leadership: All Division 1, 3, and 5 member credentials are ready.

Also, if you have any members that graduated in November 2023 (cycle 45), please remember to schedule a pick-up, or permit them to schedule a pick-up for their permanent ID using this link: <https://on.nyc.gov/CERTpickup>

If the pick-up options do not work with your schedule, please reach out to: desposito@oem.nyc.gov

Get Notified with New York City's official source for information about emergency alerts and important city services.

Prepare for Hurricanes and Summer Storms



For many, warm weather means enjoying the outdoors with picnics, swimming and gardening. But summer isn't always a day at the beach. As temperatures increase, so do the chances for thunderstorms and hurricanes.

Although hurricane season began in May, late summer and early fall are when we typically experience the most hurricanes as ocean waters warm. Remember, hurricanes are not just a coastal problem, so it's important to know the risks where you live since rain, wind and flooding could happen far from the coast. No matter where you live, thunderstorms can also be a threat. Lightning injures 243 people and kills about 20 people on average each year in the United States (see [Weather.gov](#) for more information). Heavy rain from thunderstorms can lead to flash floods and power outages. In addition, tornadoes can form during some thunderstorms.

Below are some helpful links to help you better prepare:

- Download the free [FEMA app](#) to receive real-time alerts.
- [National Weather Service](#) to stay informed about watches and warnings.
- You can also sign up to receive [Emergency Alerts](#) in your area.
- Get started on your emergency plan by [having enough supplies](#) for your household, including medication, disinfectants and [pet supplies](#).
- Know your risk for [hurricanes](#) and take action to prepare by visiting FEMA's [Protective Actions Research website](#).
- [Be prepared for thunderstorm, lightning and hail](#)

Notify NYC Mailing



Next week, all New Yorkers are expected to begin receiving a physical, fold-out Notify NYC publication in the mail to promote the importance having access to New York City's official source for information about emergency alerts and important city services. Anyone can sign up to receive text, email, or push notification using the mobile app to stay informed of emergency alerts in their area. You can sign-up for Notify NYC by calling 3-1-1, visiting: <https://nyc.gov/notifynyc> or downloading the mobile application available on [iOS](#) and [Android](#).

As NYC CERT members, we hope that you continue to share this information within your local communities. There may be specific CERT support requests for events or deployments relating to this messaging in the near future. We will be in touch.

Send Us Your Photos!

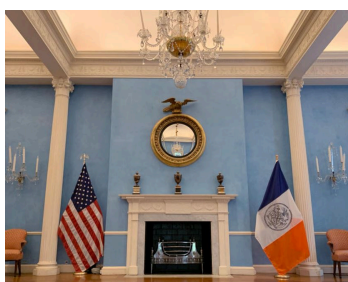


Please continue to share an and all photos and videos from your NYC CERT events at on.nyc.gov/CERTupload

Please note **Date (including year), Borough, Division (or team), Event, members included (if available).**

If you have any questions, please contact us at cert@oem.nyc.gov. Thank you!

VOLUNTEER OPPORTUNITIES



Gracie Mansion City Recognition and Cultural Receptions

Mayor's Office of Special Projects and Community Events has requested CERT volunteers to continue supporting the city recognition and cultural receptions being held at Gracie Mansion. For individual details and event registration please see below:



[NYCHA Resident Leadership Reception](#)
[Tue, Jul 23 | 5:30 PM](#)



[Peruvian Heritage Reception](#)
[Mon, Jul 29 | 5:30 PM](#)



[Dominican Heritage Reception](#)
[Wed, Aug 7 | 5:30 PM](#)



[NYPD Community Affairs Sunset Social](#)
[Thu, Aug 8, | 5:30 PM](#)



Brooklyn Cyclones Preparedness Events

The Brooklyn Cyclones have invited CERT, Ready NY and Notify NYC to table at Maimonides Park during several upcoming games. CERTs are being requested to join NYCEM staff to distribute NYC CERT recruitment materials with park visitors. Check out the dates below and register through the links provided.
Game times vary by date.

[Registration | Thurs, July 25, 2024 8:30AM](#)

[Registration | Sun, August 25, 2024 1:30PM](#)

[Registration | Fri, August 9, 2024 6:30PM](#)

[Registration | Wed, Sept 4, 2024 6:30PM](#)



NY Road Runners (NYRR) Open Runs Preparedness Events

NYRR still has a number of Open Run events coming up and NYC CERT is being requested to distribute Ready New York emergency preparedness literature and discuss pet preparedness with event attendees. Check out the dates below and register through the links provided. All shifts are scheduled for 8:30am – 11am.



Highland Park
[Saturday, July 27, 8:30 AM](#)

DEP Flooding Preparedness Events



The Department of Environmental Protection (DEP) has requested the support of NYC CERT volunteers at their upcoming Flooding Preparedness Events. During the events, DEP will be providing presentations to the public throughout the City. NYC CERT volunteers are expected to support with sign-in and the distribution of preparedness materials.

Please register for any of the following dates and locations:

7/23 — Red Hook @ PS015, 71 Sullivan St. (BK)

7/30 — Jamaica QNS @ Q268, 92-07 175th St. (QNS)

8/8 — Throgs Neck @ X405, 3000 East Tremont Ave. (BX)

9/17 — Rockaways @ Beach Channel HS, 100-00 Beach Channel Drive (QNS)

9/19 — Staten Island @ Susan E. Wagner School HS, 1200 Manor Road (SI)

9/24 — East Harlem @ PS 146 Anna M. Short School, E. 106th St. and 1st Ave. (MAN)

[Click Here to register for one of the dates/locations](#)

NYC CERT CALENDAR



Buddy Check

As we close out a long year of volunteering to support your community and head into a new year with new challenges, please take some time to support one another. The best way to do that is by performing buddy checks.

What is a buddy check?

Taking the time to check on family and friends, especially those unable to leave their home for any reason. You might be surprised by the impact you'll have on those who you connect with.

[Report your Volunteer Hours](#)

Search for *Buddy Check* Event



MENTOR PROGRAM

Are you interested in becoming a mentor to new NYC CERT members?

All Volunteer leadership should be encouraging active members to serve in a mentor role in order to support both their growth as leaders and provide new opportunities for newer members to become more engaged.

Complete the [NYC CERT Mentor Program form](#) to let us know if you'd like to be a mentor or mentee.

Complete the [Matching Questionnaire](#) to help pair the mentor to a mentee. Both forms must be filled out to participate in the program.

[NYC CERT online platform](#) includes online courses to support volunteer growth.

Schedule free training for your Division here : [FDNY Smart Fire Safety](#).

[FEMA Region 2 \(R2\) Webinar Catalogue](#) includes all recorded webinars.

NYC CERT ADVANCED TRAINING

NYC CERT Leadership Development



NYC CERT staff is hosting a session for members to be introduced to the roles and responsibilities of leadership positions.

[Registration](#) | [July 29, 2024](#) | [6:30 PM](#)

NYC CERT Leadership Development



We are pleased to announce the next session in the NYC CERT Leadership Speaker Series!

The goal is to introduce different leadership styles and skills from prominent leaders within city government and the private sectors of New York City. The target group will be volunteers serving in a NYC CERT Leadership and cabinet positions. This speaker series will enrich and educate our leaders which will in turn, strengthen the program. We hope that you can join us for the first session. Details below:

Guest Speaker: Ingrid Lewis-Martin, Chief Advisor to Mayor Eric Adams

Date: Tuesday, July 30, 2024, 6:30 PM – 8:30 PM

Location: NYCCEM Emergency Operations Center
165 Cadman Plaza East, Brooklyn, NY 11201

We encourage all past and present leadership, including cabinet members to register for this amazing event.

[Registration](#) | [Tuesday, July 30, 2024](#)

Chaplain Ingrid P. Lewis-Martin is an advocate for community empowerment and currently serves as the chief advisor to Mayor Eric Adams. She has worked extensively with numerous elected officials and individuals aspiring to public office. Throughout her 30+ years in the political arena, she has been instrumental in guiding numerous successful campaigns and assisting elected officials with various community initiatives.

CISA: De-Escalation Series Training



Description

The De-Escalation Series follows the Employee Vigilance Through the Power of Hello to help identify and navigate suspicious activity or potentially escalating situations to safely dis-engage and report to local law enforcement or their organization's multi-disciplinary threat management team.

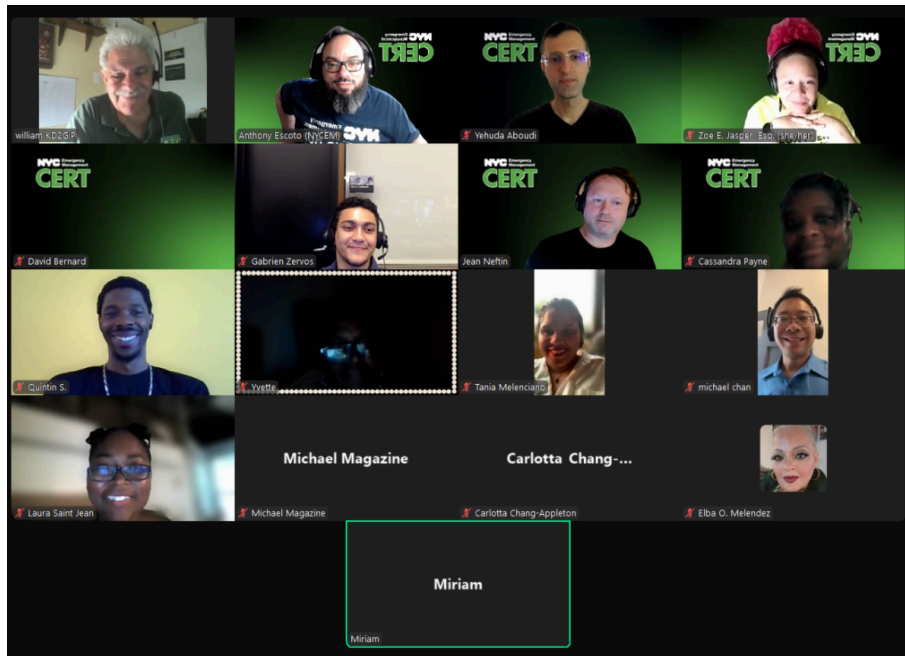
Learning Objectives

- Observe
- Initiate a Hello
- Navigate the Risk
- Obtain Help
- Resources

[Registration](#) | [Tue, Aug 13, 2024 6:30PM](#)

NYC CERT VOLUNTEER ACTIVITY

Citywide Radio Training



Eager and willing, volunteers continued to build upon their skills by participating in the NYC CERT Radio Training. These volunteers have now expanded their volunteer capabilities when it comes to upcoming planned and emergency operations. We are looking forward to hearing you on the air. NYCEM Staff Standing by...

DIVISION MEETINGS

Manhattan Division 3



This past Wednesday, Manhattan Division 3 hosted a hybrid division meeting! Throughout the meeting, members reviewed their participation in Coney Island for the fireworks, last week's Grand Central Terminal full-scale Exercise, as well as their plans for National Night Out and the Heat Canvassing Operation. Great work, all!

Manhattan Division 4



On Thursday July 18th, Division members gathered to discuss upcoming summer events, including some of the logistics for National Night Out. We're all looking forward to seeing what other events the Division creates in the weeks and months to come!

[Download the NYC CERT Background](#) for use during CERT meetings and training in a virtual environment (e.g. Microsoft Teams, Zoom, etc.)



THINGS TO KNOW



How To Request NYC CERT

If approached to support an event in your community, the following steps must be taken:

- Event organizer submits an official request using the [NYC CERT External Request Form](#).
- NYC CERT Leadership *should not* submit form on behalf of the event organizer.
- For events lead by a NYC CERT Division, volunteer leadership (Ready New York Liaison, if a preparedness event) should submit this [Event Request form](#).

NYC CERT program staff will review all requests. If approved, program staff will add the volunteer opportunity to the [NYC CERT Event](#)

[Calendar](#) with a registration link. If more details are required for approval, program staff will use the contact information provided in the request form to connect with the organizer.

NYC CERT External Request Form: <https://on.nyc.gov/CERTrequest>

Find the NYC CERT Protocols here: [NYC CERT SOPs](#)

Schedule a meeting with NYCEM staff: [NYC CERT Volunteer Support](#)



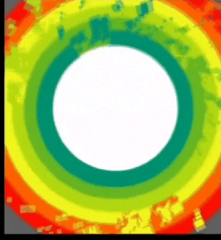
[NYCEM's YouTube page](#)
[NYC CERT recruitment video](#)
[2021 National Volunteer Week video](#)



[Resolve to Be Ready Calendar](#)
Regular reminders in simple steps that can help you work preparedness into your busy schedule.



Listen to all episodes of NYCEM's two podcasts, Prep Talk ([SoundCloud](#), [iTunes](#) & [Spreaker](#)) and ¡Prepárate! on [SoundCloud](#).



KNOW YOUR ZONE is your destination for everything you need to know about hurricanes in New York City.

You'll find information about the city's hurricane evacuation zones, the hazards you may face from a hurricane, and what to do to prepare.



JOSEPH PUPPELLO
Director
Volunteer Programs



ANTHONY ESCOTO
Program Manager
Training & Exercises



DENISE ESPOSITO
Specialist
Recruitment & Retention



REGINA WILSON
Specialist
CERT Leadership



GABRIEN ZERVOS
Specialist
Operations & Engagement



JAZMIN THOMAS
Specialist
CERT Training



Schedule a meeting with NYC CERT Staff:
<https://on.nyc.gov/bookCERT>

Choose a Topic:

CERT Pick-up
(In-Person)

NYC CERT
Operations

Advanced
Training

Exercises
& Tabletops

General
Questions

CERT ID
Questions

Leadership
Interest

Borough
Discussion

Division
Discussion



NYC Emergency Management | nyc.gov/emergencymanagement
(Click here to view as a webpage)



NYC Emergency Management Communications Network | 165 Cadman Plaza East |
Brooklyn, NY 11201 US