<u>ACTIVATION STATUS:</u> NYC EMERGENCY MANAGEMENT EMERGENCY OPERATIONS CENTER IS ACTIVATED.

<u>PLEASE NOTE:</u> Program staff will respond to inquiries and requests as soon as possible. We appreciate your patience and support.

Peter Bojmal: Colleague and Friend



Flags are at half-staff at our agency as NYCEM mourns the loss of beloved Citywide Interagency Coordinator Peter Bojmal.

-@ nycemergencymgt (X post, October 30, 2023)

Daylight Savings Time



MONDAY RADIO ROLL CALL

Borough Channel:



REMEMBER TO CHANGE YOUR CLOCKS BACK ONE HOUR

Daylight Saving Time will end on Sunday, November 5, 2023 at 2 AM. At that time, you should set your clocks back one hour.

It's also an ideal time to replace the batteries in your smoke and carbon monoxide detectors, and to refresh your Go Bag.

Is your Go Bag ready?



Did you know there is a difference between your *Go Bag* vs. your *CERT Response Bag*? Note some key differences and why it is important to have both bags at the ready.

CERT Response Bag

Your CERT response bag should be ready and prepared for any deployment. The contents may vary, but a typical CERT response bag should include:

- CERT helmet
- CERT reflective vest
- Safety goggles
- Leather gloves
- Disposable latex gloves
- Particle mask (i.e. N-95)

CERT MN

11/04 Responding Borough:

Bronx

Call Scenario: What is the most recent drill your team conducted?

Documents to Review:

<u>Citywide Radio Drill Refresher</u> <u>Call signs per Radio</u>



Each week we will propose a quiz question that relates back to lessons learned during NYC CERT training or from your experience as an active member. The answer will be revealed in the following week's newsletter. Good Luck!

CLICK HERE FOR THIS WEEK'S QUIZ

Previous question: Choose an annual event that registration is open to all NYC CERT members citywide (all divisions/boroughs).

The correct answer is: **D)** All of the Above Some annual events may be specific to the local division, but members have access to all events that are posted in the newsletter (NYC CERT Event Calendar).



View and Download the Complete NYC CERT Basic Training Student Manual



- Flashlight/headlight
- A whistle
- A full first aid kit
- Pen and Notepad
- Rain gear

VS.

Go Bag

Your Go Bag is a 3-day supply of emergency provisions. It should be tailored to your personal needs. Store your Go Bag in an easily accessible location in case of an emergency evacuation from your home. The contents may vary and should contain these basics:

- A compass/maps
- A full first aid kit
- A multipurpose tool
- Medication/Glasses
- Food and water
- Clothing/Blanket (seasonal/weather appropriate)
- Small toiletry kit
- Sturdy/weather resistant shoes
- Rain gear
- Mylar blanket
- Important documents (passport/ID/immunization cards/etc.)
- Laminated emergency contact phone numbers
- Cash
- A radio and spare batteries (replace batteries regularly)
- Cellphone charger/extra batteries
- Plastic or garbage bags
- Sources of light (flashlight/headlight/glowsticks)
- Pair of work gloves/latex gloves
- Particle mask (i.e. N-95)
- A whistle
- Pen and Notepad

October After Action Review

The NYC CERT Standard Operating

Procedures (SOPs) provides guidance and outlines policies and procedures for you and your team to follow.



NYC CERT Division maps are available (pdf format) to support recruitment and preparedness planning in your community.

<u>Brooklyn</u> - <u>Bronx</u> - <u>Manhattan</u> - <u>Queens</u> - <u>Staten Island</u>



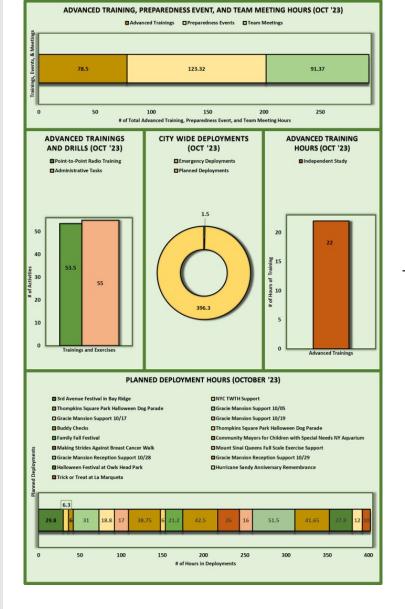
View the <u>NYC CERT Event Calendar</u> to see upcoming training, meetings, and planned deployments.

After you participate, be sure to <u>Submit</u>
Your Volunteer Hours!

For more questions on how to submit your service hours you can view the Hours Submission FAQs.



If your division is hosting or participating in an upcoming event, please complete the <u>Event Request form</u> to have your opportunity published through Eventbrite.com for members to register.



Your NYC CERT Ready New York Liaison can submit a Ready New York Material Request for upcoming events.



Get Notified with New York City's official source for information about emergency alerts and important city services.

Download the free Notify NYC mobile app, available for iOS and Android.

It's been an incredible month for our program, folks! We're thrilled to announce that our advanced training sessions are back with a bang, thanks to our collaboration with Point to Point Radio. Our new members have already begun their training track, and our veteran members are providing excellent support with Network Control operator mentoring during the field exercise portion of the class.

But that's not all - our program has supported a whopping 17 planned events this month, with over 804.85 volunteer hours reported! We're incredibly proud of the amazing coverage and support our program has provided as we head into the heavy holiday season.

And speaking of the holidays, we want to remind all our volunteers to take it easy and pace themselves during this busy time. Our monthly meetings are the perfect opportunity to get together and boost morale - so don't miss out on the fun!

As always, please remember to report your volunteer hours if you haven't done so already. We appreciate all your hard work and dedication to our program. Thank you, and let's keep up the great work!

Beyond Stress Management: From Stigma to Solutions



Everyone has stress. How you manage your stress is vital to your quality of life, as well as the quality of your daily interactions at home and in the workplace. November 1st was International Stress Awareness Day, and this year's theme calls for organizations and networks to break barriers and have conversations that can identify solutions to encourage and bolster wholistic well-being, especially in the workplace.

Read about effective strategies to manage stress and improve your well-being:

- Coping With Stress
- Stress Management: How to Reduce and Relieve Stress

NYC Well: Helping New Yorkers in Crisis



NYC 988 is your connection to free, confidential mental health support. Speak to a counselor via phone, text, or chat and get access to mental health and substance use services, in more than 200 languages, 24/7/365. At any hour of any day, in almost any language, from phone, tablet or computer, NYC 988 is your connection to get the help you need. Learn more about 988 Suicide & Crisis Lifeline.





November is Native American Heritage Month. Here are some noteworthy facts, as we celebrate the culture and contributions of the Native Americans:

- 1. There are 574 federally recognized tribes in United States.
- 2. The United States Constitution was modeled after the Iroquois Confederacy's "The Great Law of Peace."
- 3. Deb Haaland (Laguna Pueblo) made history twice as the first woman to be elected to lead a state party in 2014, and the first Native American to serve as the US Cabinet Secretary of the Interior since 2021.
- 4. Cheri Madsen (Omaha-Ponca) is the first Native American female to win an Olympic exhibition bronze medal as a Paralympic wheelchair racing athlete.
- 5. A significant number of Native Americans served in the all of the nation's wars since the Revolutionary
- 6. Ernest Childers (Muscogee) was the first Native American soldier to be awarded the Medal of Honor, the highest medal for valor, in WWII.
- 7. Twenty-nine service members of Native American heritage have been awarded the Medal of Honor: 25 soldiers, three sailors and one Marine.

Send Us Your Photos!



Help us celebrate 20 years of CERT in New York City by sending us your photos and videos from your event at on.nyc.gov/CERTupload

Please note **Date** (including year), Borough, Division (or team), Event, members included (if available).

If you have any questions, please contact us at cert@oem.nyc.gov. Thank you!

Download Photos from the Gracie Mansion Anniversary Event

Have Questions? Let's Chat!



program staff for support. While your first step in answering program-related questions should be to speak with you volunteer leadership, you can always schedule a meeting or even a quick chat with program staff to answer questions, note concerns, provide suggestions, or even to tell us how wonderful of a job we're doing...

You can book a meeting here: https://on.nyc.gov/bookCERT

You may choose from the following services (direct links):

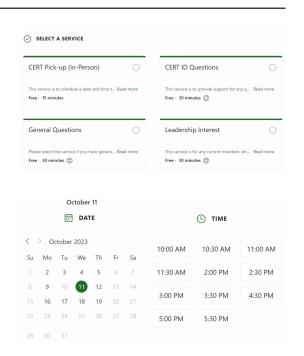
CERT Pick-up (In-Person)
General Questions
CERT ID Questions

Advanced Training
Exercises/ Tabletops
NYC CERT Operations

Leadership Interest
Division Discussion
Borough Discussion

After selecting the service (topic) you will be provided a calendar view with accompanying dates and times for staff availability. A staff member with specific knowledge of the chosen service will be assigned to the scheduled meeting.

Upon booking this meeting, you will receive an email confirmation to the email address provided. If something comes up or you are unable to attend the meeting, just send an email to cert@oem.nyc.gov letting us know and you can go through the scheduling process again to find a new date and time.



VOLUNTEER OPPORTUNITIES



104th Annual NYC Veterans Day Parade

CERT members will be supporting the United War Veterans Council Dispersal with Crowd Management and other Street Marshal positions.

Registration | Sat, Nov 11, 2023 at 7:30AM

Community mayors for Special Children
Operation Santa Claus at JFK Airport

On Wednesday, December 13, 2023 CERT Teams Citywide are invited to assist the Community Mayors for Children with Special Needs, Inc. with their annual Operation Santa Claus event at JFK Airport, Port Authority Hangar No. 19.

Registration | Wed, Dec 13, 2023 at 8:00AM



NYC CERT CALENDAR



Buddy Check

As we close out a long year of volunteering to support your community and head into a new year with new challenges, please take some time to support one another. The best way to do that is by performing buddy checks.

What is a buddy check?

Taking the time to check on family and friends, especially those unable to leave their home for any reason. You might be surprised by the impact you'll have on those who you connect with.

Report your Volunteer Hours

Search for Buddy Check Event



Are you interested in becoming a mentor to new NYC CERT members?

All Volunteer leadership should be encouraging active members to serve in a mentor role in order to support both their growth as leaders and provide new opportunities for newer members to become more engaged.

Complete the <u>NYC CERT Mentor Program form</u> to let us know if you'd like to be a mentor or mentee. Complete the <u>Matching Questionnaire</u> to help pair the mentor to a mentee. Both forms must be filled out to participate in the program.

NYC CERT online platform includes online courses to support volunteer growth.

Schedule free training for your Division here: FDNY Smart Fire Safety.

FEMA Region 2 (R2) Webinar
Catalogue includes all recorded
webinars

ADVANCED TRAINING

Advanced Training: Citywide Radio 700MHZ (Virtual)

Learning Objectives:

- Objectives: Radio Approved Roles for CERT
- Citywide Network (700 MHz)
- Review of Radio Terminology &



- Operability of 700 MHz radios
- Calling Protocol
- Your Role and Responsibility as a Citywide radio operator

NYC CERT Volunteer Activity

Ghostbusters AAR Table Top Exercise

Wednesday, November 1, 2023, CERT members gathered at NYCEM headquarters to participate in a Ghostbusters-themed table top exercise that tested their skills in size-ups and on-scene protocols.





CERT Members in the above image: Brooklyn 7 Division Chief, Joseph St. John, Jonathan Castro, BK5 D13, Bernadette Nader, MN3 D3, Joann D'Alesso, MN5 D11, Tania Melenciano, BK5 D13, and Brooklyn Borough Coordinator, Elba O. Melendez.

Gracie Mansion Annual Halloween Festival 2023

On Saturday, October 28th, and Sunday, October 29th, CERT assisted with pedestrian and line traffic management.

Thank you to all CERT members for their time to help make the event safe and fun for the children.



112th Precinct Community Council Street Fair

On Sunday, October 29th, CERT Queens Division 3 provided literature, answered questions, and in the Halloween spirit, gave out candy at the street fair, sponsored by the 112th Precinct Community Council.



City Island Recruitment Event

On Tuesday evening, October 24th, NYCEM CERT Recruitment & Retention Specialist, Denise Esposito, attended a City Island Rising community meeting, along with members of FEMA, the NYC Department of Health and the Soundview COAD, to present on NYC CERT, and recruit applicants for City Island. It was an informative session for all attendees, and highlighted all of the training and opportunities available to residents.

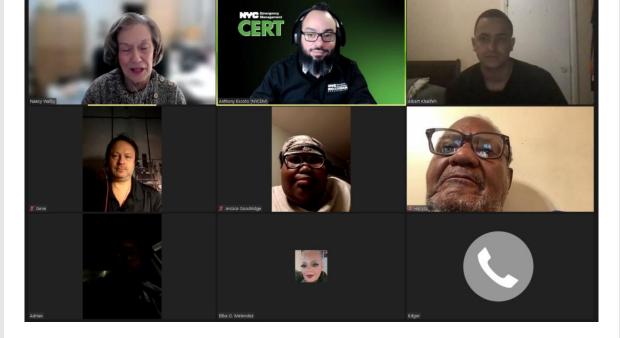


Manhattan Division 2 Monthly Team Meeting



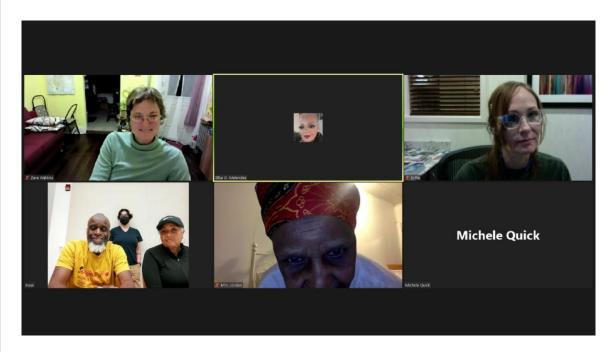
On Thursday, November 2nd, Manhattan Division 2 held a virtual monthly team meeting. They discussed the upcoming holiday season events, and potential 2024 Division events.

Brooklyn Division 7 Monthly Team Meeting



At their monthly team meeting this past Thursday, November 2nd, Brooklyn Division 7 Chief, with assistance from his District leader and the Brooklyn Borough Coordinator, provided updates on several large, planned deployments, which they will support and lead in the upcoming months. They also discussed the details of the joint holiday party with Brooklyn Division 5.

Brooklyn Division 4 Monthly Team Meeting



Brooklyn Division 4 had their first hybrid meeting Monday, October 30, 2023, which was held at the Grand Army Plaza Library.

<u>Download the NYC CERT Background</u> for use during CERT meetings and training in a virtual environment (e.g. Microsoft Teams, Zoom, etc.)



THINGS TO KNOW



How To Request NYC CERT

If approached to support an event in your community, the following steps must be taken:

- Event organizer submits an official request using the <u>NYC CERT External Request Form</u>.
- NYC CERT Leadership should not submit form on behalf of the event organizer.
- For events lead by a NYC CERT Division, volunteer leadership (Ready New York Liaison, if a preparedness event) should submit this <u>Event</u> <u>Request form</u>

NYC CERT program staff will review all requests. If approved, program staff will add the volunteer opportunity to the NYC CERT Event Calendar

with a registration link. If more details are required for approval, program staff will use the contact information provided in the request form to connect with the organizer.

NYC CERT External Request Form: https://on.nyc.gov/CERTrequest

Find the NYC CERT Protocols here: NYC CERT SOPs

Schedule a meeting with NYCEM staff: NYC CERT Volunteer Support



NYCEM's YouTube page
NYC CERT recruitment video
2021 National Volunteer Week video



Resolve to Be Ready Calendar
Regular reminders in simple steps that
can help you work preparedness into
your busy schedule.



Listen to the NEW episodes of NYCEM's two podcasts, Prep Talk (SoundCloud, <u>iTunes</u> & <u>Spreaker</u>) and ¡Prepárate! on <u>SoundCloud</u>.

<u>KNOW YOUR ZONE</u> is your destination for everything you need to know about hurricanes in New York City.

You'll find information about the city's hurricane evacuation zones, the hazards you may face from a hurricane, and what to do to prepare.





Director Volunteer Programs

JOSEPH PUPELLO ANTHONY ESCOTO

DENISE ESPOSITO Specialist Recruitment & Retention

REGINA WILSON

Specialist CERT Leadership

AMY JOY ROBATEAU AmeriCorps Member



Schedule a meeting with NYC CERT Staff https://on.nyc.gov/bookCERT

General Questions

NYC CERT Operations

CERT ID Renewal **Leadership Interest**

Training Exercises



NYC Emergency Management | NYC.gov/emergencymanagement {Click here to view as a webpage}











NYC Emergency Management Communications Network | 165 Cadman Plaza East, Brooklyn, NY 11201

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