

## Show Your Gratitude for Volunteer Appreciation Month

We ♥ our volunteers

### VOLUNTEER APPRECIATION MONTH

Volunteer Appreciation Month is a time to celebrate volunteers for their amazing work in their communities. Volunteers donate their time to help non-profits, faith-based groups, and their communities to grow and stay connected.

Have you shown your appreciation for your volunteers? Here are some tips:

- Create a personalized video, showing their impact to their communities and your gratitude towards their positive actions.
- Make individual notes for each volunteer, showing your appreciation.
- Hosting an event specifically for the volunteers, providing food, drink and the chance for the volunteers to mingle.

Volunteers are a vital part to our communities, and without them many non-profit and faith-based organizations would struggle. Let us take this time to properly say thank you to them.



National Stress Awareness Month is an annual campaign that began back in 1992 and has taken place every April since, to raise awareness of the causes and cures for our modern-day stress epidemic.

It is the time when we have an opportunity for an open conversation on the impact of stress – a dedicated time to removing the guilt, shame, and stigma around mental health; to talking about stress, and its effects; to being open about our mental and emotional state with friends, families, colleagues, and professionals. It's critical to recognize what stress and anxiety look like, take steps to build resilience and manage job stress, and know where to go for help.

**Here are just a few useful links for you and your community members to explore:**

Stress Management Society: <https://www.stress.org.uk/what-is-stress/>

Self-Care Webinars:

<https://www.nyc.gov/assets/olr/downloads/pdf/wellness/letstalkondemandwebinars.pdf>

Guided Mediations: [Be Well Meditations on Vimeo](#)

Stress Awareness 101: <https://youtu.be/XTgbQI73dos>

WorkWell Digital Fitness Calendar April – June [2023 Cycle 2 April-June Digital Fitness Calendar \(nyc.gov\)](#)

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## Partner Spotlight



[Coney Island Beautification Project](#), a member of the Southern Brooklyn COAD, and a participant in Strengthening Communities Cohort 3, participated in a Pratt Institute New York Water Week [event](#) on Saturday. They worked with students and technical experts using integrative design in adapting to climate change challenges in dense and vulnerable areas, like Coney Island Creek.



## Ready New York Notify NYC Trivia

Are you a Ready New Yorker? See how many Notify NY facts you know.

Public Health	<input type="checkbox"/>	Information to alert those living in basement apartments
Planned Events	<input type="checkbox"/>	Information about health issues
Major Traffic	<input type="checkbox"/>	Disruption message about significant roadway closures, disruptions, or detours
Weather Emergencies	<input type="checkbox"/>	Disruption messages about large or widespread disruptions to transit
Emergency alerts	<input type="checkbox"/>	Information about preplanned activity that may cause local disruptions
Parking Suspensions	<input type="checkbox"/>	Messages about current or forecast weather events
Basement Alerts	<input type="checkbox"/>	Critical incidents involving your safety or the safety of others in the area
Mass Transit	<input type="checkbox"/>	Updates about unscheduled emergency suspension of citywide parking rules

[Trivia Link here.](#)

## NYCEM's LATEST ¡PREPÁRATE! PODCAST EPISODE HIGHLIGHTS WOMEN'S HISTORY MONTH WITH ESTHER FORD

In recognition of Women's History Month, the latest episode of New York City Emergency Management's Spanish podcast ¡Prepárate!, features Esther Ford, an EMT member with the New York City Fire Department. The 15-year veteran shares why she joined the department, her leadership role with the FDNY Hispanic Society, and the impact she hopes to make in her Bronx community as an Afro-Latina of Garifuna heritage. Garifuna people are descendants of mixed free African and Indigenous Americans who originated in the Caribbean island of Saint Vincent. In addition to Saint Vincent and the Grenadines, Garifuna people and culture are found in Honduras and Belize.

[Click here](#) to listen to the podcast on SoundCloud.

For the full press release, [click here](#).

## Upcoming Events

## Online Workshops for Grandparents Safety Week



NYC DOT & Safe Kids Coalition Presents  
**Grandparents Safety Week 2023**

Grandparents Safety Week is a week of events and workshops to provide older New Yorkers with safety information and access to representatives of city agencies, local hospitals and community organizations.

**Tuesday, April 11, 2PM - 3PM**

- Zoom Workshop: Burn Prevention and First Aid for Older Adults
- Presented by Ekta Vohra, NY Presbyterian-Weill Cornell

**Wednesday, April 12, 2PM - 3PM**

- Zoom Workshop: How to Recognize and Avoid Scams Targeting Older Adults
- Presented by Belia Jimenez, NYS Division of Consumer Protection

**Thursday, April 13, 2PM - 3PM**

- Zoom Workshop: Medicine Safety for Older Adults
- Presented by Luz Martinez, NYC Poison Control Center

**Friday, April 14, 2PM - 3PM**

- Zoom Workshop: Cómo evitar Las Estafas Dirigidas a los Adultos Mayores
- Presented by Belia Jimenez, NYS Division of Consumer Protection

Daily Zoom Workshop Link:

<https://zoom.us/j/97317079692?pwd=c2RFeThlYXhidEczeTlyYlFaanlRUT09>

**Meeting ID:** 973 1707 9692 **Passcode:** safety

**Dial in:** 6465189805 or 9292056099

For the full flyer, click [here](#).

**Apply for STOP The Bleed Virtual Course**



*Stop the Bleed* provides people with the tools and knowledge to stop life-threatening bleeding in the event of an emergency situation. Bleeding is the number one cause of preventable death after injury, and the actions of immediate responders can be crucial in determining the outcome of the situation.



Virtual

**The first  
Wednesday  
of each month**

12-1PM

-or-

4-5PM

**The focus of the course:**

- The immediate response to bleeding
- Recognize life-threatening bleeding
- Appropriate ways to stop bleeding

To register for one of our free courses, visit [bklynlibrary.org/calendar](http://bklynlibrary.org/calendar) and search "Stop the Bleed"



To RSVP for either time on **Wednesday, April 5th**, [click here](#) (available every first Wednesday of each Month).

# Waste Setout Times Change April 1

Send Rats Packing!



Learn more at [nyc.gov/SetoutTimes](https://nyc.gov/SetoutTimes)



**sanitation**



Launched on March 21, 2023, the \$250 million Yield Giving Open Call is an initiative focused on elevating organizations working with people and in places experiencing the greatest need in the United States: communities, individuals, and families with access to the fewest foundational resources and opportunities.

To learn more and apply, click [here](#).

Register by **May 5th**.

**Prepare Your NSGP Application: DHS**

# Announces \$2 Billion in Preparedness Grants

The Nonprofit Security Grant Program (NSGP) can provide funding support to nonprofit organizations, including houses of worship, that are at high risk of terrorist attack. This funding can help your organization implement physical security enhancements and activities.

To learn more about the things you can do before the application period opens we've compiled this list:

- **English:** [Take these 4 Steps to Apply for a Nonprofit Security Grant | FEMA.gov](#)
- **Español:** [Siga estos 4 pasos para solicitar la subvención de seguridad para organizaciones sin fines de lucro | FEMA.gov](#)

The advertisement features the NYC Environmental Protection logo on the left. The main text reads: "SAVE NOW ON YOUR WATER BILL, GET AMNESTY TODAY!". Below this, it states: "DEP IS OFFERING A LIMITED ONE-TIME AMNESTY With up to 100% of interest forgiveness. DON'T MISS YOUR CHANCE, THIS ONE-TIME AMNESTY ENDS SOON!". On the right, there is an image of a "Your Water & Wastewater Bill" with a large red "PAST DUE" stamp overlaid on it. The bill shows various charges and a balance due of \$113.00.

DEP is offering this limited one-time amnesty with up to 100% interest forgiveness for all delinquent customers. If you owe water and wastewater charges, you may be eligible for this amnesty offer.

Deadline is **April 30th, 2023**.

[Amnesty link here.](#)

## File Taxes with NYC Free Tax Prep





**A bigger NYC EITC. Full refund.  
Your family deserves it. Get it back.**



Taxpayers have until April 18 to file their taxes this year and [NYC Free Tax Prep](#) provides free, professional, tax preparation that can help New Yorkers keep their full refund. If you earned \$80,000 or less in 2022, file for FREE with an IRS certified VITA/TCE volunteer preparer.

## Share Your Memories of Superstorm Sandy

### Brooklyn College Honors Students Seek Volunteer Interviewees for a Public History Project

- Tell us about what you remember of the Storm and its aftermath.
- Memories will be recorded and shared publicly.
- Part of the Community Hub for Sustainable Urban Futures at Floyd Bennett Field, this oral history project seeks to record and preserve the stories of the people of the Rockaways with Superstorm Sandy.
- Interviews can be conducted in person, on the phone or on the computer.

If you are willing, **contact:**

**Prof. Philip Napoli, Associate Professor and Chair**



## Join NYC Emergency Management - We Are Hiring

NYC Emergency Management has some exciting employment opportunities available. They can be viewed on the NYC Careers website: [Jobs at NYC Emergency Management - NYCEM](#).

NYC Emergency Management is staffed by over 200 dedicated professionals who are committed to serving the City in a crisis. We are looking for candidates who have a passion for preparing New Yorkers for the next emergency and responding when a crisis hits the City.

NYCEM is looking for candidates with experience engaging with people with disabilities access and functional needs (DAFN). In this role you will get to come up with innovative ways to educate New Yorkers on emergency preparedness via presentations, webinars, and other outreach events in collaboration with our community partners. Share or apply via [jobs.nyc.gov](https://jobs.nyc.gov) with Job ID: 536135.

Click [here](#) for the full job description.

Learn More About NYC Emergency Management Community  
Preparedness - <https://youtu.be/L250wy3o6r4>

[Unsubscribe intergov@oem.nyc.gov](mailto:intergov@oem.nyc.gov)

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