The City of New York Independent Budget Office
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## FOR IMMEDIATE RELEASE | AUGUST 21, 2025

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## **Overview of Select City DHS and NYC Health Resources**

**August 21, 2025** – The City of New York has invested in several programs aimed at supporting New Yorkers facing challenges related to housing, mental health, and substance use. At the request of <u>VOCAL-NY</u>, the New York City Independent Budget Office <u>reviewed</u> resources available through the Department of Homeless Services (DHS) and the Department of Health and Mental Hygiene (NYC Health).

The City funds several programs that serve distinct, though at times overlapping, populations. Some programs are site-based and require individuals to be brought to a physical location, while others are mobile and provide support to individuals directly in their communities. This <u>report</u> does not assess the effectiveness of either model, nor review all the services provided by the City, but instead offers an overview of a specific subset of services and resources available.

As of December 2024, the City had roughly **4,000 beds** across **29 facilities** for unhoused New Yorkers with physical health, mental health, or substance use-related needs. At the end of Fiscal Year 2024, the City's mobile crisis teams had the capacity to treat **6,009 adults**, with **5,747 individuals** receiving services that fiscal year. Treatment capacity had risen to 6,333 by the end of Fiscal Year 2025.

NYC Health currently provides funding and technical assistance for 14 syringe service programs as well as for four public health vending machines across Queens and Brooklyn. As of April 2023, Relay, a program that connects individuals who may have experienced an opioid overdose with services, operated in 14 hospitals, each in a neighborhood with high overdose rates.

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In 2024, NYC Health found that 34 percent of adults with a diagnosed mental illness reported an unmet need for treatment in the previous year. Meanwhile, in 2025 <u>the Homeless Outreach Population Estimate</u> reached its highest level in a decade.

Read the full report to learn more.

