City Healthcare Services: Fiscal Report

October 2019
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Introduction

This annual report was mandated by the City Council pursuant to Local Law 6 of 2018 and is due by October 15 of each year. The law specifies that the Council shall receive “A description for the immediately preceding fiscal year of allocations for healthcare services by the department of health and mental hygiene and all other agencies directly providing healthcare services to anyone other than an employee of such agency, or which contract with entities for the direct provision of healthcare services, and the number of persons served by the department and such agencies”.\(^1\) The law further stipulates that the Committee shall provide this information annually on October 15. This is the first such report.

Summary of City Healthcare Services & Fiscal Allocation

This section includes a summary of healthcare services provided or contracted by City agencies. As per the law, this section includes agency budget allocations and the number of persons served for Fiscal Year 2019.\(^2\)

Administration for Children’s Services

*Healthcare Services at ACS*: ACS provides healthcare services for a specific subpopulation of children: children in Detention Settings, Non-Secure Detention Schools, Limited Secure Settings, and Pre-placement Settings. These services are only available to or accessible by children who are in the child welfare system. ACS maximizes ACS-provided services for the ACS population and works to ensure that children receiving services from ACS are connected to appropriate non-City healthcare services when needed.

1. **Healthcare in Detention Settings, Non-Secure Detention Schools, and Limited Secure Settings**
   - ACS contracts with a healthcare provider to provide screenings, assessments, evaluations, and care to youth in these settings.
   - **FY19 Volume**: 1,319 children
   - **FY19 Budget Allocation**: $8.6 million

2. **Healthcare in Pre-placement Setting**
   - Nicholas Scoppetta Children’s Center is a temporary residential facility for children awaiting foster care placement. Nurses provide the following services: initial pre-placement health assessments; implementation of “home-based” health plans, including administration of medications; ongoing monitoring of any health concerns; and

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\(^2\) Though the Committee acknowledges that social services, care coordination, and other interventions to address social determinants of health are critical initiatives and areas of ongoing municipal focus, they are not healthcare services *per se*. Budget allocations were provided by healthcare service-providing agencies, based on agency operation budgets and contracted service provider budgets funded by the City. Whenever possible, costs not associated with direct healthcare services (as healthcare is defined here) are excluded from the allocation figures.
appropriate primary care, subspecialty and emergency referrals as needed. Most emergency referrals are directed to Bellevue Hospital. Outpatient referrals depend on the existence or identification of each individual child’s known primary care physician or subspecialist, if any.

**FY19 Volume:** 3,182 children  
**FY19 Budget Allocation:** $3.9 million

### (3) Healthcare for Children in Foster Care

Foster parents provide temporary homes for children until they can be reunited with their families or, if that is not possible, adopted. Contracted agencies are mandated to ensure children in their care receive appropriate healthcare, but this is not paid for by NYC.

**Human Resources Administration (Department of Social Services)**

*Healthcare Services at HRA/DSS:* HRA provides targeted healthcare services directly to clients of the following programs: Home Care, Adult Protective Services (APS), and Wellness Comprehensive Assessment, Rehabilitation, and Employment (WeCare). These services are limited in scope and provided to recipients based on categorical eligibility.

1. **(1) Healthcare for WeCARE Clients**
   The WeCARE program provides comprehensive and individualized services to Cash Assistance clients with medical and/or mental health issues. WeCARE uses contracted vendors with staff psychiatrists, nurses and other healthcare professionals for the completion of medical assessments, as well as case management services, assistance with obtaining federal disability benefits, and wellness planning and follow up.
   
   **FY19 Volume:** 25,600 assessments  
   **FY19 Budget Allocation:** $1.5 million

2. **(2) Healthcare for Home Care Clients**
   The HRA Home Care program helps individuals who are frail, elderly, and/or have disabilities remain safely in their homes with non-institutional alternatives to nursing home care. HRA staff nurses conduct home visits to perform assessments for the clients enrolled in this program.
   
   **FY19 Volume:** 5,100 clients  
   **FY19 Budget Allocation:** $3.0 million

3. **(3) Healthcare for clients of Adult Protective Services (APS)**
   HRA employs staff nurses who conduct home visits for a limited number of extremely high-risk clients referred to and enrolled in the APS program. APS serves adults with mental and/or physical impairments who are unable to care for or protect themselves from abuse, neglect, or exploitation, and who have no one willing and able to responsibly assist them, providing referrals for health examinations, assistance in obtaining and recertifying for benefits and entitlements, and eviction prevention and financial management.
   
   **FY19 Volume:** 63,000 assessments  
   **FY19 Budget Allocation:** $0.3 million
Department of Homeless Services (Department of Social Services)

Healthcare Services at DHS/DSS: DHS/DSS provides a limited set of healthcare services in some of its shelters and street programs through contracts with clinical providers. Families with children are offered clinical services for acute needs during the intake process, and adults are offered medical and behavioral assessments (history and physical) and infectious disease screening tests at assessment shelters. Some shelters offer onsite or mobile medical services, and all families and individuals are referred to, and supported in seeking care from, their primary care physicians or a local clinic of their choice. In addition, Drop-In Centers, Safe Havens and Outreach teams serving street homeless individuals offer medical care, crisis intervention, assessment services and referrals to clinical care through contracted clinical providers.

(1) Healthcare provided at the Family Intake Center (PATH)
DHS has a contract with a medical provider to operate the clinic providing assessment and services. Clinical staff includes registered nurses, nurse practitioners, physician assistants, and medical doctors. In FY19 the healthcare screening was further expanded to additional health issues as well as providing health education for all the healthcare issues identified in the screening.
**FY19 Volume:** 29,860 patient visits
**FY19 Budget Allocation:** $1.0 million

(2) Healthcare provided at a Single Adult Assessment Shelter
DHS has a contract with a medical provider to operate the on-site clinic providing assessments and services at this shelter. Clinical staff includes registered nurse(s), nurse practitioner(s), physician assistant(s), and medical doctor(s). The clinic was offline for a period of FY19 and will be online in FY20.
**FY19 Volume:** 1,125 patient visits
**FY19 Budget Allocation:** $0.5 million

(3) Healthcare provided in Family Shelters
Healthcare services are funded by DHS in a limited number of contracted shelters for families with and without minor children. Services include clinical care, assessments, and referrals to appropriate care outside of the shelter. Services are provided by clinical provider staff, including physicians, nurse practitioners, psychologists and psychiatrists.
**FY19 Volume:** Services were located in three contracted shelters for families with children, with a total shelter capacity for 400 families at a time.
**FY19 Budget Allocation:** $0.6 million

(4) Healthcare provided in Single Adult Shelters
Healthcare services are funded by DHS in some contracted shelters for single adults. Services include assessments, clinical care, and referrals to care outside of the shelter. Services are provided by contracted clinical provider staff, including physicians, and nurse practitioners, psychologists, and psychiatrists.
**FY19 Volume:** Services were provided in 52 contracted shelters for single adults, with total shelter capacity for 7,500 individuals.
**FY19 Budget Allocation:** $12.2 million
(5) Healthcare provided for Street Homeless Individuals
Healthcare is provided by outreach teams, and at Drop-In Centers and Safe Haven programs for street-homeless individuals. Services include clinical care, assessments, and referrals to outside providers as needed. Services are provided by sub-contracted clinical providers, including physicians, nurse practitioners, psychologists and psychiatrists.
**FY19 Volume:** Services were provided in three contracted Drop-In centers and fifteen Safe Haven programs and by outreach programs in all five boroughs and the subway system. The Drop-In Centers and Safe Haven programs have capacity to serve 1,150 individuals on any night.
**FY19 Budget Allocation:** $4.6 million

Department for the Aging

*Healthcare Services at DFTA:* DFTA offers healthcare services in individual homes to a limited number of frail older adults who live with chronic conditions and disabilities. Specifically, these healthcare services are included in the following programs: case management, home care, and Naturally Occurring Retirement Communities (NORCs).

(1) Healthcare for Home Care clients
Four home care agencies are contracted by DFTA to provide home care and housekeeping to frail clients who are not eligible for Medicaid in all five boroughs. These services include in-person nurse assessment visits at least once a year.
**FY19 Volume:** 3,879 clients
**FY19 Budget Allocation:** $0.85 million

(2) Healthcare for Case Management clients receiving Home Meds Program
Four contracted case management agencies offers this evidence-based medication safety program that provides an in-home medication review and intervention, including a computerized risk assessment and alert process, plus a pharmacist review and recommendation for improvement. Medication alerts occur if the pharmacist is needed to review the medications, which occasionally require the pharmacist to contact the client’s doctor.
**FY19 Volume:** 618 clients
**FY19 Budget Allocation:** $0.045 million

(3) Healthcare for individuals living in NORCs
NORCs are multi-age housing developments or neighborhoods not originally built for older adults, but which now house a significant number of older adults. DFTA funds supportive-services programs at many of the city’s NORCs, where residents can access health-related programming from nurses located on staff, such as individual healthcare management and assistance (e.g., assessments and consultations, monitoring of specific conditions, and information and coordination with other healthcare providers).
**FY19 Volume:** 1,462 clients
**FY19 Budget Allocation:** $0.1 million

Department of Health and Mental Hygiene
Healthcare Services at DOHMH: DOHMH operates a select number of clinics and programs through which it offers limited healthcare services.

(1) Sexual Health Clinics
These eight clinics provide low- to no-cost services for sexually transmitted infections (STIs), including HIV.
FY19 Volume: 94,997 visits
FY19 Budget Allocation: $28.5 million

(2) Immunization Clinic
The immunization clinic at Fort Greene Health Center provides required vaccinations for children (ages 4 and older) to attend school and for adults to attend college. The clinic also offers seasonal flu shots and other recommended vaccines.
FY19 Volume: 27,438 visits
FY19 Budget Allocation: $14.3 million

(3) Tuberculosis Chest Centers
The tuberculosis (TB) Chest Centers provide TB evaluation and treatment to individuals at high-risk for TB throughout NYC at no cost. Services include TB testing and diagnosis, treatment for both latent TB infection and active TB disease, and treatment monitoring via in-person and video directly observed therapy. In addition to clinic-based healthcare services, DOHMH also provides clinical services in the community including field-based directly observed therapy, TB testing, medication injections, and physician/nurse home visits for non-ambulatory patients (this includes blood draws, physical exams, and distribution of medications).
FY19 Volume: 35,983 visits
FY19 Budget Allocation: $6.9 million

(4) Nurse Family Partnership (NFP)
Nurse-Family Partnership® (NFP) is a national, evidence-based home visiting program that serves low-income women pregnant with their first child. Early in her pregnancy, each new mom is partnered with a registered nurse and is eligible to receive nurse home visits throughout the course of her pregnancy and up to the child’s second birthday. DOHMH began implementing NFP in 2003 and the NYC program is the largest urban NFP program in the United States. NYC’s NFP serves first-time, low-income mothers and their children from pregnancy through age 2.
FY19 Volume: 3,008 families
FY19 Budget Allocation: $17.2 million

(5) Early Intervention
The Early Intervention Program helps young children (birth to 3 years) who are not learning, playing, growing, talking or walking like other children their age. The program is available to infants and toddlers who have been diagnosed with a condition that will likely result in a developmental delay or who have a developmental delay that meets eligibility criteria set by the New York State Department of Health. Early Intervention services are provided by therapists and teachers who are employed by, or
contract with, agencies that have agreements with the State Department of Health and which are administered by DOHMH.

**FY19 Volume:** 55,628 children  
**FY19 Budget Allocation:** $69 million

**Department of Education**

*Healthcare Services at DOE:* The Office of School Health (OSH), a joint office of the DOE and DOHMH, provides healthcare services in DOE facilities. Services are available during school hours for enrolled students.

1. **School Based Health Centers**  
There are 167 School-Based Health Centers (SBHC) operating as of 6/30/2019 across the five boroughs of New York City. SBHCs bring the comprehensive medical services of a doctor's office to the school so that students can avoid health-related absences and get the support they need to succeed in the classroom.  
**FY19 Volume:** 199,382 students  
**FY19 Budget Allocation:** $6.5 million

2. **School Based Nursing and Clinical Services**  
OSH provides healthcare services and preventive services to DOE students. OSH places nurses in approximately 90 percent of DOE sites (excluding sites with School-Based Health Centers) and an addition over 200 non-public schools each year. School nurses provide medication administration, case finding by review of new entrant exams, nurse and teacher observations, and scheduling students for physician evaluations. School nurses also send referrals to parents and guardians if further assessment is needed. School health physicians conduct clinical assessments, sports and working paper physical exams, and chronic disease case management.  
**FY19 Volume:** Approximately 1.2 million school aged children  
**FY19 Budget Allocation:** $198 million

3. **Vision Services**  
The OSH Vision Screening Program provides free vision screening for pre-K, kindergarteners, and first graders in all public schools and to all students in community schools and schools with high proportion of students in temporary housing (STH). In addition, the program offers free eye exams and eyeglasses in Community and STH schools. OSH provides vision services to ensure that those with serious vision problems receive the evaluation and treatment they need.  
**FY19 Volume:** Approximately 400,000 students  
**FY19 Budget Allocation:** $9 million

4. **Oral Healthcare Services**  
OSH has developed robust public-private partnerships to offer preventive and restorative dental services to over 100,000 students in 579 public schools and funds SBHCs to expand and increase their dental services to students. OSH also monitors quality control of services and offers technical assistance to SBHCs and vendors and
provides case management to students and families in need of referrals to community providers for more extensive services
**FY19 Volume:** 107,000 students
**FY19 Budget Allocation:** $1.2 million

NYC Health + Hospitals

*Healthcare Services at H+H:* NYC Health + Hospitals (H+H) is the largest public healthcare system in the United States. It provides essential inpatient, outpatient, and home-based services to more than one million New Yorkers every year in more than 70 locations across the city’s five boroughs. H+H is a public benefit corporation under New York State law and thus operates under a different governance structure than do City agencies.

1. **Health + Hospitals**
   - **FY19 Volume:** 1.1 million
   - **FY19 Budget Allocation:** H+H is a public benefit corporation with revenues and expenditures outside of the City budget. In FY19, H+H had total expenditures of $8.222 billion.

2. **Correctional Health Services**
   CHS provides for the care, custody, and control of people accused of crimes or convicted and sentenced to one year or less of jail time.
   - **FY19 Volume:** 35,000 medical intakes
   - **FY19 Budget Allocation:** $273.7 million